

# Cursillo

Beyond a spiritual retreat, a personal experience with God.

RSVP:

Women's weekend:  
September 10-13 /'26

Men's weekend:  
September 17-20/'26

Have you ever wondered what it means to be Catholic? How do I apply Christianity in my environment, in my own life? How can I grow in my journey to holiness in an organized way? This is the opportunity to address your questions.

## ? ¿What is Cursillo?

It's difficult to give an explanation of what a Cursillo is to someone who hasn't experienced it, not because the Cursillo is something secret, but because the Cursillo is an experience, and one must live it personally to understand it. No one can give a good explanation of the way God touches each person. Through the Cursillo and by His grace, Christ touches people in a very special way when they open themselves to an intimate relationship with Him.

The Cursillo can help us develop a better understanding of what it means to be Catholic, while also becoming better Christians as we exercise our mission as baptized individuals..

The word "Cursillo" means short course, which is nothing more than a workshop that teaches a method that enables baptized Catholics to live out the foundation of Christianity, which is "Love of God and love of neighbor."

## 🎥 Brief history

During a conference held in Rome on February 6, 1940, Pope Pius XII acknowledged the large number of people who had withdrawn from the Christian life. The Pope challenged Church leaders to make every possible effort to bring back Christian values. This speech prompted Eduardo Bonnín and other founders to conduct a detailed and profound study on how to win over environments and systematically and consistently transform them into Christian ones.

Thus, Eduardo Bonnín developed a method consisting of three full days, which we now know as the Cursillo Movement. It's a method aimed at ensuring that the good news reaches as many people as possible, especially reaching the ordinary man and woman of today.

The first Cursillo took place from August 22nd to 24th, 1944, in Mallorca, Spain, and the movement was finally approved by the XI Diocesan Assembly in 1949, 75 years ago. Today, it is a worldwide movement with administrative centers in more than 50 countries, including several countries in North, Central, and South America.

## ✓ Interesting fact

### Founder of Cursillos in Christianity Movement in the process of beatification and canonization

The founder of Cursillos in Christianity, Eduardo Bonnín Aguiló, began his process of beatification and canonization under the responsibility of the Vatican, in Mallorca, Spain, on February 5, 2015.

Eduardo is known in the Catholic Church and in the Movement as the "Servant of God," although he referred to himself as the eternal "Apprentice of Christianity."



## Weekend program

The weekend will feature several activities, conferences, prayer, liturgy and teamwork. The weekend program begins on Thursday at 4:45 pm and ends on Sunday at 6 pm. Here are the activities you will experience:



	Thursday	Friday <i>Encounter with myself</i>	Saturday <i>Encounter with Christ</i>	Sunday <i>Encounter with others</i>
Beginning of the day	Time to pack!	<ul style="list-style-type: none"> <li>Morning prayers</li> <li>Mass</li> </ul>	<ul style="list-style-type: none"> <li>Morning prayers</li> <li>Mass</li> </ul>	<ul style="list-style-type: none"> <li>Morning prayers</li> <li>Mass</li> </ul>
Morning		<ul style="list-style-type: none"> <li>Breakfast</li> <li>Work teams distribution</li> <li>Conferences</li> <li>Short break</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast</li> <li>Work teams distribution</li> <li>Conferences</li> <li>Short break</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast</li> <li>Work teams distribution</li> <li>Conferences</li> <li>Short break</li> </ul>
Midday		<ul style="list-style-type: none"> <li>Lunch and Sharing</li> </ul>	<ul style="list-style-type: none"> <li>Lunch and Sharing</li> </ul>	<ul style="list-style-type: none"> <li>Lunch and Sharing</li> </ul>
Afternoon	<ul style="list-style-type: none"> <li>4:45pm Registration and room assignment</li> <li>6:pm Retreat begins</li> </ul>	<ul style="list-style-type: none"> <li>Adoration</li> <li>Conferences and activities</li> <li>Short break</li> </ul>	<ul style="list-style-type: none"> <li>Adoration</li> <li>Conferences and activities</li> <li>Short break</li> </ul>	<ul style="list-style-type: none"> <li>Adoration</li> <li>Conferences and activities</li> <li>Retreat closure</li> </ul>
Evening	<ul style="list-style-type: none"> <li>Welcome</li> <li>Time to get to know each other</li> <li>Cursillo explanation</li> </ul>	<ul style="list-style-type: none"> <li>Dinner</li> <li>Night prayers</li> <li>Day closure</li> </ul>	<ul style="list-style-type: none"> <li>Dinner</li> <li>Night prayers</li> <li>Day closure</li> </ul>	



## ¿What is the invitation about?

As members of the Church, we have a great mission to fulfill. The future of our society is in our hands, and we can make a great impact on it. Throughout history, great changes have been driven by people willing to do more than the ordinary. As part of the Church, we are called to be apostles, holy men and women of our times. We must embody Christ in order to proclaim Him to every person in the environments where God has placed us. Let's strive to do it! He chose simple people who became "fishers of men." Shouldn't we be any less?

The motto of the Cursillo Movement is " **De Colores**." More than a motto, it's how we greet each other as cursillistas and represents the way we learn to see life after having lived the Cursillo Retreat. The movie of your life will no longer be in black and white, it will be in colors!

We'll be waiting for you; Christ counts on you!

Cursillo - Women's weekend  
Thursday Sept. 10<sup>h</sup> to Sunday Sept. 13<sup>th</sup>, 2026  
Camp Don Bosco  
1401 327th Ave NE, Carnation, WA 98014

Save the date on your calendar.

Cursillo - Men's weekend  
Thursday Sept. 17<sup>th</sup> to Sunday Sept. 20<sup>th</sup> , 2026  
Camp Don Bosco  
1401 327th Ave NE, Carnation, WA 98014

Send us a note inquiring to be contacted to: [Cursillos.in.Christianity.Seattle@outlook.com](mailto:Cursillos.in.Christianity.Seattle@outlook.com)