





# October 2021 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Assorted cereal, fruit & milk	2
3	4 Assorted cereal, fruit & milk	5 Assorted muffin, fruit, milk	6 Assorted cereal, fruit & milk	7 Granola bar, string cheese, fruit, milk	8 Assorted cereal, fruit & milk	9
10	11 Assorted cereal, fruit & milk	12 Mini cinnamon bits, fruit, milk	13 Assorted cereal, fruit & milk	14 Biscuit w/jelly, fruit, milk	15 Assorted cereal, fruit & milk	16
17	18 Assorted cereal, fruit & milk	19 Donut, fruit & milk	20 Assorted cereal, fruit & milk	21 Assorted muffin, fruit, milk	22 Assorted cereal, fruit & milk	23
24	25 Assorted cereal, fruit & milk	26 Granola bar, string cheese, fruit, milk	27 Assorted cereal, fruit & milk	28 <b>11:30 Dismissal no breakfast</b>	29 <b>Conferences no school</b>	30
31 		<b>This Institution is an Equal Opportunity Provider</b>				

# October Lunch Menu 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Hot Dog on a bun, baked beans, mixed greens, chips, fruit & milk	2
3	4 Pepperoni pizza, California blend, mixed greens, fruit & milk	5 French toast, sausage. mixed greens, juice, fruit & milk	6 Turkey sandwich on a bun, pickles, carrots, chips, fruit & milk	7 <b>No School</b>	8 <b>No School</b>	9
10	11 Mini corn dogs, buttered noodles, carrots, mixed greens, fruit & milk	12 Chicken patty on a bun, mixed veggies, mixed greens, fruit & milk	13 Cheeseburger on a bun, tator tots, mixed greens, fruit & milk	14 Deli turkey sandwich on a bun, baked beans, chips. mixed greens & fruit	15 Beef & gravy, green beans, mashed potatoes, mixed greens, fruit & milk	16
17	18 Chicken nuggets, green beans, rice, mixed greens, fruit & milk	19 Soft shell taco w/ all the fixings, corn, mixed greens, fruit & milk	20 <b>Cooks Choice !!!!!!!</b>	21 Grilled cheese sandwich, tomato soup, mixed greens, fruit & milk	22 Spaghetti w/meat sauce, carrots, mixed greens, garlic bread fruit & milk	23
24	25 Mixed pizza, broccoli w/ cheese, mixed greens, fruit & milk	26 Hamburger on a bun, baked beans, chips, mixed greens fruit & milk	27 Baked chicken, mashed potatoes, peas, mixed greens, fruit & milk	28 <b>11:30 Dismissal Conferences!!!!</b>	29 <b>11:30 Dismissal Conferences!!!!</b>	30
31			<b>This Institution is an Equal Opportunity Provider !!!!!!!!!!!!!!!</b>			