



GriefShare: Grief Support Group

A Christ-centered, scripture focused, non-denominational support group open to adults of all faiths and beliefs. GriefShare includes 13 weekly video seminars featuring some of the nation's foremost experts on grief recovery topics. Each video is followed by a small group discussion, personal workbook, guided reflections, and opportunities for encouragement and support as participants walk the journey of grief with others who have lost a loved one. The group meets Monday nights, from 6:30-8:30 PM, beginning September 3-November 26. You may register at the workshop and you may join at any time during the 13 week sessions.

For more information, call Kathy Kennedy (270) 348-6819 or Jerry Babral (540) 241-5550.

Click [HERE](#) to see a brief video about GriefShare.

Coordinators: Jerry Babral, Kathy Kennedy, or stjohngriefshare@gmail.com