

5 Reason to Attend Daily Mass, and 5 Ways it will Change You

(by ROBERT BARBRY II)

For many of us, the idea of making Daily Mass is a luxurious thought. We so quickly dismiss the idea without truly contemplating the real benefits of 'sacrificing' a portion of our day. I was one of those people... until I started going to Daily Mass.

#1. 30 Minutes of Peace: Whether you're a stay-at-home parent or a 9-to-5er, a college student or a retired veteran, no matter your stage in life you could probably use an extra half hour each day to recharge. Many of us accomplish this with a mid-day nap or a lunch break at work, but what better way to spend our (limited) free time than to pay a visit to the nearby parish? Our lives are noisy and not because they always have to be, but because we have been conditioned to need constant stimulation. Our phones, iPads, and televisions usually win the battle for our eyes at the dinner table and just about everywhere else. Even when we 'get a break' we hardly ever take a moment to just unplug. Go to Mass and leave your phone in the car, you won't regret it.

#2. Moves the Focus AWAY from Ourselves: Our busy schedules, our bills, our lives are always overrun with our problems. Continuing from my first point, we ought to recognize how little we actually consider something or someone beyond ourselves. Going to Mass, and making it a daily habit, causes us to focus on something else for one half hour and it's not something that needs fixing or something we need to work for, it's just the greatest act of worship man could experience this side of heaven. Every time a mass is offered, whether you're there or not, it's a sacrifice offered on YOUR BEHALF. Christ invites us to receive Him in this sacrifice as often as we are able; it is precisely why Christ makes himself continually available in the sacrifice of the Mass. He doesn't have to, He wants to. The Mass is for you. Give part of each day for Him.

#3. Making an Act of Faith: This is a moment of personal testimony. Recently, 'life' in general has been getting me down; I guess you could say I've been having trouble seeing the forest through the trees. My family and I are definitely going through a moment where God is simply asking us to trust him. And you know what? You, either now or at some point in your life, have gone through moments like this too. It's extremely convenient to put on the 'woe is me' attitude when life doesn't seem to go 'our way.' In the difficulties our faith becomes fickle when, in reality, the difficult times show us what our faith is really made of. Recently, after leaving confession, the priest told me I needed to start going to daily mass. He told me that if I made acts of faith, despite my current situation, my faith would increase. Faith in the hard times... there's a funny thought, huh? So I listened, my family and I have been attending daily mass and spending more time in the adoration chapel and guess what?! It worked. Things may not be where they should be yet, but God is faithful and going to Daily Mass allowed me to see that more clearly.

#4. Dedicated Time for Prayer: Pray daily. Sounds simple enough but give it a try. In an ideal world I would say that we all aspire to pray regularly, but how often do we remember? The number one cause of neglected prayer isn't the busy-ness of life (that's the 2nd cause), it's actually the 'lack of response' most of us feel as though we suffer from. More people actually avoid prayer altogether because they don't believe it actually works. Daily Mass gives us ample opportunity to restructure our prayer life. I think many of us can call ourselves 'guilty' of the Christmas-list prayer style. "Dear God, I want this, that, and the other thing. Amen" Going to Mass regularly exposes us to new forms and focuses of prayer. The best piece of wisdom I can impart here is this: Prayer doesn't change God's point of view; it changes ours. Chances are our prayers aren't 'getting answered' because we are going about it the wrong way. Not that we're praying wrong, because God delights in an honest prayer... BUT Mass can teach us that prayer has a lot to do with being thankful, with making penance, and with praying for others. Daily Mass can and will improve our prayer habits if we let it. I'm fairly confident you'll notice a significant change in how your prayers are being answered.

#5. Jesus: I feel like I don't have to write a great deal here. This one is obvious. In fact, this reason is infinitely more important than the previous four. If you, for no other reason, choose to go to Daily Mass let it be for the genuine encounter with Christ. And I don't mean genuine as some sort of euphemism, you will LITERALLY encounter Christ in the Mass. Your flesh and His will unite in a way unachievable anywhere else in our existence.

So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them". – John 6:53-56

Sleepy Eye St. Mary's
Council of Catholic Women
2020 Financial Report

Cash on Hand - January 1, 2020	
Checking	\$2,074.32
Savings	\$32,914.56
Total	<u>\$34,988.88</u>

Gross Income	
CCW Dues Collected - all sections	\$2,733.00
Festival Tickets, Donations, Booths	\$32,488.20
Cookbooks	\$396.00
Fellowship Donation	\$14.00
Mission Donations	\$1,566.50
Scholarship Bake Sale	\$1,988.00
Rice Bowls	\$579.57
Box of Joy Donations	\$815.00
Dividends	\$31.68
Total Gross Income	<u>\$40,611.95</u>

Gross Expenses	
National & Regional Dues, Conventions, Etc.	\$345.00
Festival Expenses	\$4,191.44
Scholarship Bake Sale	\$1,988.00
Rice Bowls	\$579.57
Baccalaureate	\$0.00
Confirmation	\$245.86
Faith and Fellowship Supplies	\$142.12
College Care Packages	\$225.00
Mother's Day Gift	\$328.18
Divine Mercy Project	\$39.95
Gifts - Priests & Sisters	\$1,080.00
Christmas Books	\$1,328.33
Ladies Night Out	\$20.00
Box of Joy Shipping	\$735.00
Misc Donations	\$125.00
Mission Donations	\$1,500.00
Total Expenses	<u>\$12,873.45</u>

Net Income	\$27,738.50
Donation to St. Mary's Parish	<u>\$30,000.00</u>

Net Increase (Decrease) in Cash	-\$2,261.50
Total	<u>\$32,727.38</u>








Cash on Hand - December 31, 2020	
Checking	\$ 1,793.71
Savings	\$ 30,933.67
Total	<u>\$ 32,727.38</u>

March 2021

Church of the Japanese Martyrs

◀ February

▶ April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><i>Hello March!</i></p>	<p>1</p>	<p>2 8:30am Mass †Nadine Sellner</p>	<p>3 7pm-8:15pm JM/SP CCD @ SP</p>	<p>4 8:30am Mass †Vern & LaDonna Domeier</p>	<p>5 5:45am SM-That Man is You 7pm Stations/Holy Hour/Confessions</p>	<p>6 8:00pm Mass †Leo Ludewig</p>
<p>7 3rd Sunday of Lent 4pm sung Vespers at SM 6:30pm Youth Group at SM</p>		<p>9 8:30am Mass †Agnes Stadtherr</p>	<p>10 7pm-8:15pm JM/SP CCD @ SP</p>	<p>11 8:30am Mass †Albert Sellner</p>	<p>12 5:45am SM-That Man is You </p>	<p>13 9am – 10am Confessions 10am Confirmation practice 8:00pm Mass †Clarice Weisensel</p>
<p>14 4th Sunday of Lent/AFC Confirmation 2pm AFC Confirmation at SM  4pm sung Vespers at SM 6:30pm Youth Group at SM</p>	<p>15</p>	<p>16 8:30am Mass †Milly Augustin</p>	<p>17 Saint Patrick's Day  7pm-8:15pm JM/SP CCD/Confessions @ SP</p>	<p>18 8:30am Mass †Marlene Windschitl</p>	<p>19 5:45am SM-That Man is You 7pm Stations/Holy Hour/Confessions</p>	<p>20 9-5 God's Plan for a Joy Filled Marriage 8:00pm Mass †Kaleb Fischer</p>
<p>21 5th Sunday of Lent 4pm sung Vespers at SM 6:30pm Youth Group at SM</p>	<p>22</p>	<p>23 8:30am Mass †Sylvan Schumacher</p>	<p>24 7pm-8:15pm JM/SP CCD @ SP</p>	<p>25 Annunciation of the Lord 8:30am Mass †Bob Augustin 7pm DNU/Chrim Mass</p>	<p>26 5:45am SM-That Man is You</p>	<p>27 8:00pm Mass †Rita Windschitl</p>
<p>28 Palm Sunday 4pm sung Vespers at SM 6:30pm Youth Group at SM</p>	<p>29 </p>	<p>30 8:30am Mass †Pat Steffl</p>	<p>31 7pm-8:15pm JM/SP CCD @ SP</p>	<p>Congratulations to Our Confirmation Candidates: Kya Krzmarzick; Joshua Moldan; Emma Windschitl </p>		

Church of the Japanese Martyrs Ministry Schedule - March/Easter/April 2021



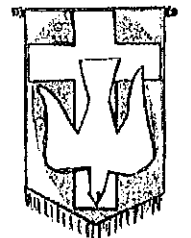






Date	Reader	Extraordinary Ministers of Holy Communion	Servers	Gifts	Rosary	Music
3/6/21 8pm Mass	JoAnn Schumacher	not yet	Logan & Josh Moldan	On the Altar	Kevin & Jean Windschitl	Ronda Mathiowetz
3/13/21 8pm Mass	Rhonda Lux	not yet	Emma Windschitl	On the Altar	Jamie Pietig	Randy Lax
3/20/21 8pm Mass	Arla Dockter	not yet	Emma Fischer	On the Altar	Don Mickelson	Becky Sellner
3/27/21 8pm Palm Sunday Mass	Rick Lax	not yet	Mark Anderson	On the Altar	Mary Lou Mathiowetz	Julie Anderson
4/2/21 Noon Good Friday Service	Randy Lax, JoAnn Schumacher	not yet	Sidney & Nicholas Tauer	On the Altar	Stacy Tauer	Ronda Mathiowetz
4/3/21 8pm Holy Saturday Mass/Easter Vigil	Steve Lax, Rhonda Lux	not yet	Hayden Zarn & Emma Fischer & Sidney & Nicholas Tauer	On the Altar	Alice Hillesheim	Randy Lax & Becky Sellner
4/10/21 8pm Mass	Arla Dockter	not yet	Mark Anderson	On the Altar	Kevin & Jean Windschitl	Julie Anderson
4/17/21 8pm Mass	Randy Lax	not yet	Logan & Josh Moldan	On the Altar	Jamie Pietig	Ronda Mathiowetz
4/24/21 8pm Mass	Rick Lax	not yet	Emma Windschitl	On the Altar	Don Mickelson	Randy Lax

If you are unable to do your assigned ministry, please find a replacement or switch with someone on the schedule.

****USHERS - Volunteers please.**

Thank you for your ministry to our church!!

MARCH 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Congratulations to Our Confirmation Candidates: *Mallory Drake *Cody Nickel *Adam Veerkamp *Clay Wuertz	1 	2 5:30 PM MASS +Chuck Wellman 6-7 PM Stations & Confessions	3 8:30 AM MASS +Lidwina Laxen 7-8:15 pm Rel Ed for Grades 1-11 at SP	4 NO CCW MEETING!	5 8:30 AM MASS +Deceased mbrs of Mike & Margaret Eischen families	6
7 10:30 AM MASS (w/Confessions after) Living & +Deceased members of CCW	8	9 5:30 PM MASS +Dennis Sellner 6-7 PM Stations & Confessions	10 8:30 AM MASS +Joe, Ida & Ron Mathiowetz 7-8:15 pm Rel Ed for Grades 1-11 at SP	11	12 8:30 AM MASS +Carol Renberg 7:00 PM Stations/ Holy Hour/Confessions	13 10:00 AM Confirmation Practice at SESM 
14 10:30 AM MASS (w/Confessions after) +Alice Sellner 2:00 PM Divine Mercy AFC Confirmation at SESM Daylight Savings Begins!	15 	16 5:30 PM MASS +Deceased mbrs of Viola Watkins family 6-7 PM Stations & Confessions	17 8:30 AM MASS +Val Rathman 7-8:15 pm Rel Ed for Grades 1-11 at SP with Confessions Happy St. Patrick's Day!!	18  6:30 PM Administrative Council Meeting - Zoom	19 8:30 AM MASS +Rosemary Rathman Solemnity of St. Joseph	20 Spring Begins!! 
21 10:30 AM MASS (w/Confessions after) +Walt Evers	22 	23 5:30 PM MASS +Joan Eischen 6-7 PM Stations & Confessions	24 8:30 AM MASS +Paulette Svoboda 7-8:15 pm Rel Ed for Grades 1-11 at SP	25 PLEASE NOTE CHANGE! 7:00 PM CCW MEETING Church Social Hall (In place of April 1st)	26 8:30 AM MASS +Roman Zwaschka 7:00 PM Stations/ Holy Hour/Confessions	27  "Blessed is he that cometh in the name of the Lord!" <small>Mark 11:9</small>
28 10:30 AM MASS (w/Confessions after) +Norbert Suess Palm Sunday	29  Holy Week	30 5:30 PM MASS +Jim Schweiss 6-7 PM Stations & Confessions	31 8:30 AM MASS +Deceased mbrs of Frank & Louise Zwaschka families 7-8:15 pm Rel Ed for Grades 1-11 at SP	April 1 Holy Thursday 7:00 PM MASS (w/Confessions & Adoration until 10) +Kyle Kopischke	April 2 Good Friday 5:30 PM Service 	April 3 Holy Saturday at JM April 4 Easter 10:30 AM MASS (w/Confessions after) +Bernie Berberich

Church of St. Paul, Comfrey - March - April 4, 2021

Date	Lector	Extraordinary Ministers of Holy Communion	Servers	Ushers	Rosary	Gift Bearers
March 7th 10:30 AM MASS 3rd Sunday of Lent	LeAnn Helget	None	Adam Veerkamp	Joe & Lori Schumann	Marge	On the Altar
March 14th 10:30 AM MASS 4th Sunday of Lent	Dale McMullen	None	Kyla Wuertz	Darrell Platz	Judy	On the Altar
March 21st 10:30 AM MASS 5th Sunday of Lent	Leah Eischen	None	Owen Veerkamp	Dennis Schumacher	Martha	On the Altar
March 28th 10:30 AM MASS Palm Sunday	Dale M: Lector & Narrator Kurt E: Voice	None	Jeremiah Veerkamp Matthew Fischer	Robert Veerkamp	Marge	On the Altar
April 1st 7:00 PM MASS Holy Thursday	Jean Kopischke	None	Cody Nickel Kyla Wuertz Emma Windschitl-JM Mark Anderson-JM	Robert Zwaschka	Judy	On the Altar
April 2nd 5:30 PM SERVICE Good Friday	Susan M: Lector & Narrator Judy A: Voice	None	Adam Veerkamp Owen Veerkamp	Jeff Veerkamp	Martha	On the Altar
April 4th 10:30 AM MASS EASTER	LeAnn Helget	None	Kyla Wuertz	Joe & Lori Schumann	Marge	On the Altar

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