

## **St. Gabriel / Prince of Peace Self Screening Checklist**

In the last 14 days, have you:

1. Traveled internationally?
2. Been exposed to a person with suspected or confirmed COVID-19 without the correct PPE?
3. Had a temperature at least 100.4°F?
4. Had new or increased shortness of breath or difficulty breathing?
5. Had a new cough?
6. Had at least two of the following symptoms together:
  - Chills?
  - Muscle pain?
  - Headache?
  - Sore throat?
  - New loss of taste or smell?

If you have answered yes to any of these self-assessment questions you should not attend public Mass at this time.