

LENT and HOLY WEEK 2024



Prince of Peace

Roman Catholic Church

1171 NE Sand Hill Rd

Belfair, WA 98528

Office: (360) 275-8762

Website: www.stgabepop.org

Weekend Masses:

Saturday: 4:30 PM (English)

Sunday: 9:30 AM (English)

11:30AM and 1:00 PM (Spanish)

Saint Gabriel

Roman Catholic Church

1150 Mitchell Ave

Port Orchard, WA 98366

Office: (360) 876-2762

Website: www.stgabepop.org

Weekend Masses:

Saturday: 6:30 PM

Sunday: 8:00 AM and 11:00 AM

The 3 Pillars of Lent are Prayer, Fasting and Almsgiving. This brochure will help you identify ways to live out your Lent in a meaningful way this year.

PRAYER Lenten Reflection Book (Lent version is the **Little Black Book**). The Parish is providing a Lenten Reflection Book from the Little Books of Saginaw. Reflections begin February 11th and end on Easter Sunday, March 31st. These books are available in English and Spanish. This is the same company we used for our Advent Reflection book (Little Blue Book). La Parroquia está proporcionando un Libro de Reflexión Cuaresmal de los Pequeños Libros de Saginaw. Las Reflexiones comienzan el 11 de Febrero y terminan el Domingo de Pascua, 31 de Marzo. Estos libros están disponibles en Inglés y Español. Esta es la misma empresa que utilizamos para nuestro libro Adviento Reflexión (Pequeño Libro Azul)



PRAYER Fridays in Lent - Soup Supper and Stations of the Cross

—**St. Gabriel Parish:** Each week a different ministry group will host Soup Supper at 5:30 PM.

Stations of the Cross follow at 7:00 PM. The Sacrament of Reconciliation will be available after Stations.

—Cada semana, un grupo ministerial diferente organizará una cena de sopa a las 5:30 PM. Las estaciones de la Cruz siguen a las 7:00 PM. El Sacramento de la Reconciliación estará disponible después de las estaciones.

—**Prince of Peace Parish:** Stations of the Cross will be at 4:00 PM (English). Stations of the Cross at 6:00 PM (Spanish). Las Estaciones de la Cruz a 4:00 PM (Inglés) Las Estaciones de la Cruz a 6:00 PM (Español).

PRAYER When was the last time you went to confession? In the Sacrament of Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in Him. The Lord prepares us to receive Him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year.

Please, join us this Lenten season and experience the extraordinary grace of the Lord's forgiveness. There are extra confession times added to the calendar during Lent (see the calendar inside). Confession is also available after the Lenten Communal Penance Liturgy at St. Gabriel and Prince of Peace. If you are rusty about the process of going to confession, or have forgotten your prayers, there is always information available outside the confessional.

More Lent ideas on the back page...

2024 Lent / Easter Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			FEBRUARY 14 ASH WEDNESDAY <u>St. Gabriel</u> 11:00 AM Mass with Ashes 1:30 PM Retsil Mass 7:00 PM Mass with Ashes <u>Prince of Peace</u> 5:00 PM Mass with Ashes (Bilingual) 7:00 PM Mass with Ashes (Spanish) <i>*CRS Rice Bowl Begins</i>	15 <u>Prince of Peace</u> 10:00 AM Mass -Confessions before & after Mass	16 <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	17 <u>St. Gabriel</u> 6:00 PM Confession 6:30 PM Mass <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass
18 1st Sunday of Lent <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Mass <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	19	20 <u>St. Gabriel</u> 11:00 AM Mass	21 <u>St. Gabriel</u> 11:00 AM Mass 1:30 PM Retsil Mass	22 <u>Prince of Peace</u> 10:00 AM Mass -Confessions before and after Mass	23 <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	24 <u>St. Gabriel</u> 11:00 AM Olympic Deanery — Rite of Election 6:00 PM Confession 6:30 PM Mass <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass
25 2nd Sunday of Lent <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Mass <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	26	27 <u>St. Gabriel</u> 11:00 AM Mass	28 <u>St. Gabriel</u> 11:00 AM Mass 1:30 PM Retsil Mass	29 <u>Prince of Peace</u> 10:00 AM Mass -Confessions before and after Mass	MARCH 1 <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	2 <u>St. Gabriel</u> 6:00 PM Confession 6:30 PM Mass (OCIA 1 st Scrutiny) <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass
3 3rd Sunday of Lent <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Youth Mass (OCIA 1 st Scrutiny) <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	4	5 <u>St. Gabriel</u> 11:00 AM Mass	6 <u>St. Gabriel</u> 11:00 AM Mass with Anointing of the Sick 1:30 PM Retsil Mass	7 <u>Prince of Peace</u> 10:00 AM Mass with Anointing of the Sick Confessions before & after Mass 11:00 AM Adoration & Benediction 7:00 PM Holy Hour (Spanish)	8 <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	9 <u>St. Gabriel</u> 10:00 AM Children's 1 st Reconciliation 6:00 PM Confession 6:30 PM Mass (OCIA 2 nd Scrutiny) <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass

Return last year's palms to the baskets in the Narthex. According to the Code of Canon Law, blessed items are to be treated with respect and reverence and not discarded in the trash. At Mass, **these palm branches were blessed by a priest and became a "sacramental," which is an object that is meant to draw us closer to God.** These sacred signs bear a resemblance to the sacraments (cf. #1171). Throwing them in the trash overlooks their sacred purpose and treats them like any other object we no longer need.

Ash Wednesday and Good Friday are days of Fasting, when Catholics between ages 18 and 59 are obliged to eat no more than one full meal and two smaller meals. All Fridays of Lent are days of abstinence, when Catholics age 14 and older are obliged to abstain from eating meat. When health or one's ability to work would be seriously affected, the law does not oblige.

Saint Gabriel & Prince of Peace

Sun	M	Tue	Wed	Thu	Fri	Sat
10 4th Sunday of Lent <i>(Laetare Sunday)</i> <i>Daylight savings time begins</i> <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Mass <i>(OCIA 2nd Scrutiny)</i> <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	11	12 <u>St. Gabriel</u> 11:00 AM Mass <u>Prince of Peace</u> 5:00 PM Lenten Communal Penance Service 6:00 PM Confession	13 <u>St. Gabriel</u> 10:00 AM Daytime Lenten Communal Penance Service with Mass following 1:30 PM Retsil Mass 7:00 PM Evening Lenten Communal Penance Service 8:00 PM Individual Confession	14 <u>Prince of Peace</u> 10:00 AM Mass	15 *Benedict House Service Begins <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	16 <u>St. Gabriel</u> 6:00 PM Confession 6:30 PM Mass <i>(OCIA 3rd Scrutiny)</i> <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass
17 5th Sunday of Lent <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Mass <i>(OCIA 3rd Scrutiny)</i> <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	18	19 Solemnity of St. Joseph—Spouse of Mary <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Individual Confession	20 <u>St. Gabriel</u> 11:00 AM Mass 1:30 PM Retsil Mass 6:30 PM Individual Confession	21 <u>Prince of Peace</u> 10:00 AM Mass -Confessions before and after Mass	22 <u>St. Gabriel</u> 11:00 AM Mass 12:00 PM Stations of the Cross 5:30 PM Soup Supper 7:00 PM Stations of the Cross -Confessions after Stations <u>Prince of Peace</u> 4:00 PM Stations of the Cross (English) 6:00 PM Stations of the Cross (Spanish)	23 <u>St. Gabriel</u> 6:00 PM Confession 6:30 PM Mass— Palm Sunday vigil <u>Prince of Peace</u> 4:00 PM Confession 4:30 PM Mass— Palm Sunday vigil
24 PASSION (PALM) SUNDAY <u>St. Gabriel</u> 8:00 AM Mass 11:00 AM Mass <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	25	26 HOLY WEEK <u>St. Gabriel</u> 11:00 AM Mass	27 HOLY WEEK <u>St. Gabriel</u> 11:00 AM Mass 1:30 PM Retsil Mass	28 HOLY THURSDAY <u>St. Gabriel</u> 5:00 PM Soup Supper 7:00 PM Mass of the Lord's Supper <u>Prince of Peace</u> 5:30 PM Mass of the Lord's Supper (Bilingual)	29 GOOD FRIDAY <u>St. Gabriel</u> 12:00 PM Liturgy of the Hours 1:00 PM Chaplet of Divine Mercy 2:00 PM Sorrowful Rosary 3:00 PM Stations of the Cross 7:00 PM Passion of the Lord Liturgy <u>Prince of Peace</u> 5:30 PM Passion of the Lord Liturgy (Bilingual)	30 HOLY SATURDAY <u>St. Gabriel</u> 8:00 PM Easter Vigil Mass <u>Prince of Peace</u> 8:00 PM Easter Vigil (Bilingual)
31 EASTER SUNDAY <i>*Benedict House Service Ends</i> <u>St. Gabriel</u> 8:00 AM Mass 9:30 AM Mass 11:00 AM Mass <u>Prince of Peace</u> 9:30 AM Mass 11:30 AM Mass (Spanish) 1:00 PM Mass (Spanish)	<div> <div> Easter Sunday Our celebration of the resurrection is sustained every Sunday as we gather for Eucharist. But each year we reserve this special Sunday to recall the resurrection miracle in the breaking of the bread. Our celebration continues for seven weeks following - culminating in the Feast of Pentecost. </div> <div> The Triduum The three days that compose the Triduum, Holy Thursday, Good Friday, & Holy Saturday, are the central days of the church's year. The mystery of Jesus' death and resurrection is the core of our faith. The wonder of these days defines what it means to be Christian. Our Liturgy seeks to express all that. </div> <div> Holy Thursday The Gospel on Holy Thursday tells us how Jesus washed the feet of the disciples and commissioned all who follow Him to do the same. This is the day we give the Lord honor, glory and praise for the great gift of the Eucharist. Please join us for Mass. </div> <div> Good Friday We come to embrace the pain and victory of the cross as we join in veneration. We will celebrate the Lord's Passion with veneration of the cross and Holy Communion. </div> <div> Holy Saturday On this most Blessed night, we gather as one Holy Family to reflect our Christian faith in word, music, light and gesture awaiting the Resurrection of Our Lord Jesus Christ. This is when we welcome and Baptize new members into our faith community. </div> </div>					

MAY 19—PENTECOST SUNDAY

Pentecost—Through the Sacraments of Initiation (Baptism, Eucharist, and Confirmation) we are fully incorporated into the life of the Risen Christ. On Pentecost Sunday, 50 days after Easter, we are again renewed by the Holy Spirit to journey with others as people of God. Pentecost is considered the birthday of the church!

FASTING Ash Wednesday and Good Friday are days of Fasting, when Catholics between ages 18 and 59 are obliged to eat no more than one full meal and two smaller meals. All Fridays of Lent are days of abstinence, when Catholics age 14 and older are obliged to abstain from eating meat. When health or one's ability to work would be seriously affected, the law does not oblige.



ALMSGIVING and FASTING Have you put the CRS Rice Bowl in a prominent place in your home? One long-time tradition is to take the money saved from our Lenten fasting and put it in the rice bowl box. Proceeds from CRS rice bowl help hunger programs worldwide. 25 percent of the proceeds stay right here in Western Washington.

LIMOSNA Y AYUNO ¿Ha puesto el Plato de Arroz CRS en un lugar destacado de su hogar? Una tradición de mucho tiempo es tomar el dinero ahorrado de nuestro ayuno cuaresmal y ponerlo en la caja del tazón de arroz. Los ingresos del tazón de arroz CRS ayudan a los programas de hambre en todo el mundo. El 25 por ciento de los ingresos se queda aquí, en el oeste de Washington.



ALMSGIVING March 15th - 31st is ***Benedict House Dinner Time**.

St. Gabriel and Prince of Peace parishioners prepare dinners for the residents of Benedict House in Bremerton. Benedict House offers services to help men move from homelessness to a sustainable life with a place to live. You can prepare the meal at home and bring them to Benedict House to serve.

To join in this very important Corporal Work of Mercy, email jrgross11@gmail.com, sign up in the Narthex at St. Gabriel, or contact the Parish Office. Get a group of friends together and have fun and help people at the same time!

PASS ON OUR FAITH

The rich traditions of our Catholic faith are meant to be passed from one generation to the next so that the light of Christ may brighten our way in the world.

It is important for us to **include the children** in our preparations. It gives them an opportunity to truly understand the importance of this most Holy season and to **put their faith into actions that will last a lifetime**.

- Bring your children and grandchildren to **Mass and Liturgical Celebrations**; learn to participate at Mass as much as possible, and feel at home in God's house.
- Bring your children to **Friday Stations of the Cross** and soup suppers.
- Have your children participate in the **Rice Bowl Program**. This is an excellent avenue for all ages to practice stewardship as we learn about others, gain a better understanding of their world, and choose to help with our prayers and pennies.

TRANSMITIR NUESTRA FE

Las ricas tradiciones de nuestra fe católica están destinadas a pasar de una generación a la siguiente para que la luz de Cristo ilumine nuestro camino en el mundo.

Es importante para nosotros **incluir a los niños** en nuestros preparativos. Les da la oportunidad de comprender verdaderamente la importancia de esta temporada santísima y **poner su fe en acciones que durarán toda la vida**.

- Trae a tus hijos y nietos a **Misas y Celebraciones Litúrgicas**; aprender a participar en la Misa tanto como sea posible y sentirse como en casa en la casa de Dios.
- Traiga a sus hijos a **las Estaciones de la Cruz de los viernes** ya las cenas de sopa.
- Tenga a sus hijos participe en **el Programa Plato de Arroz**. Esta es una excelente vía para que todas las edades practiquen la corresponsabilidad a medida que aprendemos sobre los demás, obtenemos una mejor comprensión de su mundo y elegimos ayudar con nuestras oraciones y centavos.

Discover more ways to celebrate Lent using the following websites/
Descubra más formas de celebrar la Cuaresma utilizando los siguientes sitios web:

- <https://archseattle.org/lent/>
- <https://www.usccb.org/prayer-and-worship/liturgical-year/lent/ideas-for-evangelization-during-lent>
- <https://media.ascensionpress.com/2020/02/21/lent-101-what-every-catholic-should-know/>
- <https://www.dynamiccatholic.com/lent.html>