

Sacramental Preparation

The sacramental life of the Church is full of inexhaustible riches signifying the love of God and the divine work of salvation. The Catechism of the Catholic Church reminds us that "sacraments are 'powers that come forth' from the Body of Christ, which is ever-living and life-giving. They are actions of the Holy Spirit at work in his Body, the Church. They are the 'masterworks of God' in the new and everlasting covenant" (#1116).

The task of the parish is to introduce those seeking Christ to the sacramental life of the Church, integrate them into the faith life of the community, and to teach them how to live as committed disciples so that they can live out their baptismal mission.

The whole liturgical life of the Church revolves around the Eucharistic sacrifice and the sacraments... The purpose of the sacraments is to sanctify, to build up the Body of Christ and, finally, to give worship to God.- Catechism of the Catholic Church, nos. 1113 & 1123.

Please Note:

In order to register for these sacraments, the child must meet the requirements (listed in this packet) and the family must submit a registration form. Requirements are set by Dioecian Policies, to insure the proper understanding and preparation of the sacraments.

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Preparing Children for the Sacraments of Reconciliation & Holy Eucharist

Sacramental Preparation



About Preparation

Church of the Transfiguration's preparation for Eucharist and Reconciliation have a similar program set up. Parents and children prepare mostly at home using workbooks since it is the home where each child's faith is best cultivated. Each workbook has lessons which will guide families through familiar bible stories, offer discussion points, and suggest activities for you and your child while on this journey. In order to support parents during this time, the parish offers parent-child workshops and separate parent meetings. All information about these dates are shared at the Sacrament Information Meeting.

First Reconciliation

Preparing to celebrate the Sacrament of Reconciliation (also known as Penance) is a time for focus on God's mercy, how we forgive among our family, friends, and community, and how we celebrate forgiveness. Children of the parish who are in 2nd grade or higher are invited to begin the formal preparation to celebrate the Sacrament of Reconciliation.

Requirements to start preparation

- Child must be in 2nd grade or higher.
- Children must have regularly attended faith formation classes the year prior to preparation and be attending regularly the year they prepare for this sacrament.

Of vital importance to a child's preparation is the family's participation at Mass on a weekly basis. The Mass is a revelation and the greatest expression of the Catholic faith. It is here that the preparation for the Sacraments comes alive. It is where as a community we offer as a sacrifice our successes and failures and where God accepts them with great joy guiding us to a deeper relationship with Him.

First Eucharist

Preparing to receive Jesus through the Sacrament of the Eucharist for the first time is an exciting time. It is a time for focus on Jesus, faith, and family. Children of the parish who are in second grade and up are invited to begin the formal preparation to receive their First Eucharist.

Requirements to start preparation

- Child must be in second grade or higher and must have already prepared for the Sacrament of Reconciliation.
- Child must have regularly attended faith formation classes the year prior to preparation and be attending regularly the year they prepare for this sacrament.
- Transfiguration must have a copy of the baptismal certificate (or other acceptable proof of baptism) for each child preparing for the Sacrament of First Eucharist before completion of the preparation. If a family no longer has a copy of the child's original certificate, the parish of baptism can be directly contacted by the family to request a copy (note that most churches require a few weeks notice).