

- FOOD DRIVE FOR MIGRANTS
- ADVOCATE FOR CARES ACT TO SUPPORT CFC
- FREE MINI JUST FAITH PROGRAM

SALT & LIGHT

Contact: Marcus Ebenhoe, marcus.ebenhoe@dor.org, 585-546-7220 ext. 6202

**FOOD DRIVE TO SUPPORT
MIGRANT FAMILIES**
Food & Supply Drive to Support Migrant Families – Saturday, June 13

Sponsored by the Dept. of Pastoral Services

Please bring your donations to one of the drop off areas below:

9:00 am-12:00 pm: Church of St. John of Rochester (8 Wickford Way, Fairport NY)

1:00-4:00 pm: Roman Catholic Diocese of Rochester Pastoral Center (1150 Buffalo Road, Rochester NY)

Our migrant brothers and sisters are struggling with few resources available to them. This collection for basic food and household items is one way we can provide support during this difficult time. Keeping in mind cultural needs, please consider helping with the specific items listed:

GROCERIES: Evaporated Carnation Milk, Dried Pinto Beans, Long-grain White Rice, Pasta for Soup (i.e., Barilla, Moderna), Maseca (specific Corn Flour), All-purpose Wheat Flour, All-purpose Flour, Mazola Oil, Canned Tuna, Cookies & Crackers, Potatoes, Nestle Chocolate Abuelita, Decaf & Regular Coffee (Instant, Ground), Sugar;

PERSONAL HYGIENE, LAUNDRY & CLEANING supplies; Walmart Gift Cards

Volunteers will be wearing a mask, gloves and practicing social distancing.

- Remember to wear a mask.
- Kindly stay in your vehicle, but please place your items where a volunteer can easily collect it; for instance, in the trunk of your vehicle.

To mail in a donation, please address it to **Diocese of Rochester Migrant Ministry**, (note **FOOD & SUPPLY DRIVE** in memo), Attn: Bernard Grizard, Pastoral Services, 1150 Buffalo Road, Rochester, NY 14624.

Thank you for your generosity!

For more Information, please contact:
Carmen Rollinson Email: Carmen.Rollinson@dor.org
Phone: 585-328-3228 ext. 1318) or
Fr. Jesús Flores (Phone: 585-303-6711)



TELL YOUR LEGISLATORS TO SUPPORT THE CARES ACT

Without strong federal financial support, New York State is looking at significant cuts to community mental health and substance use disorder/addiction related services at a time when **MORE funding** is needed to address ever-increasing needs.

Catholic Family Center needs your help!

Please take action today and join advocates from across New York to call Senators Schumer and Gillibrand and your member of Congress.

Share the message (below).

Thank You!

ACTION ALERT!

Please make three calls today to help secure federal funding for New York State and for our hard pressed community agencies that provide mental health and substance use related services and supports!

The few minutes it takes to make these calls will make a very big difference for all of us.



"We need your strong support for a HEROES Act that includes a Major Relief Package for New York and additional funding for Mental Health and Substance Use Related Services and Supports!"

QUOTE OF THE WEEK

Challenging racism and white supremacy, whether in our hearts or in society, is a Christian imperative and the cost of not facing these issues head on, weighs much more heavily on those who live the reality of discrimination.

- Bishop Mark Joseph Seitz, Bishop of El Paso

More on the Church's Teaching on Racism Next Week

LIST OF ONLINE MASSES

The Catholic Courier has compiled a list of places to watch/live stream masses. Find it here:

<https://catholiccourier.com/articles/list-of-parishes-with-live-streams-available>. To receive notifications of the livestreams and facilitate viewing, subscribe to the *Courier's* YouTube channel (youtube.com/catholiccourier).

CENSUS REMINDER

If you haven't responded to the Census yet, you should have received a paper copy in the mail last week. You can fill this out and return it or you can go online or call to submit your household's information. Go to www.2020census.gov to fill it out online or call [844-330-2020](tel:844-330-2020) to do it over the phone.

Did you Know?

The Census recently released a new, powerful and informational video explaining how their numbers will help our nation as we come out of the Covid-19 pandemic. Check it out here: <https://youtu.be/gmJDTsrCa0c>

JOIN US FOR A FREE

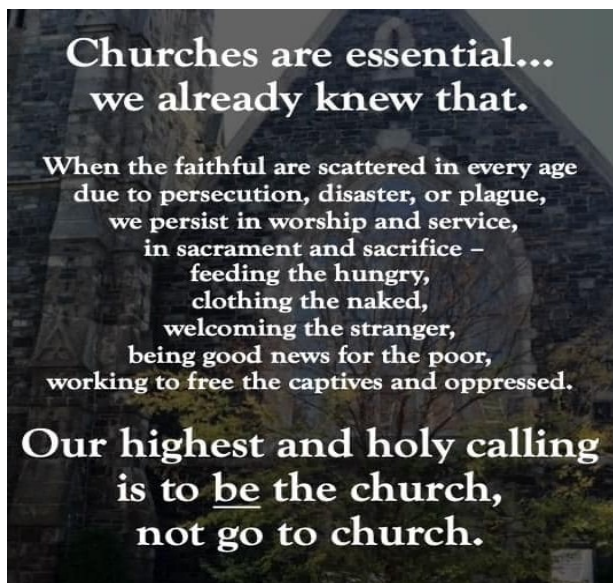


JUST FAITH MINI-PROGRAM

The topic for this week's virtual gathering is *Honoring the Dead in the Time of Covid-19*. We will pray, reflect, and discuss how we as a society can grieve collectively. **If you'd like to join our next meeting will be Tuesday June 2nd from 11am-12pm.**

All are welcome to these reflections. The more voices and experiences, the better. If you are hoping to attend this session, please contact me so I can give you the Zoom sign-in information.

Contact me at mebenhoe@cfrochester.org to sign-up or with any questions.



LAUNCH OF "WALKING WITH MOMS IN NEED: A YEAR OF SERVICE" DELAYED

Even though we were unable to celebrate the launch of *Walking with Moms in Need: A Year of Service*, we can still come together in building a foundation of prayer for this effort. This initiative comes to us from the United States Conference of Catholic Bishops and invites parishes to support pregnant and parenting moms in need in our parishes and our neighborhoods. As Pope Francis reminds us, our parishes need to be "islands of mercy in the midst of a sea of indifference". Everyone in the parish community should know where to refer a pregnant woman in need. To learn about resources in our diocese, visit the Office of Life Issues Pregnancy Support page: <https://www.liferoc.org/need-support/pregnancy/>

If you have some extra time at home, check out the online resources and begin thinking about creative ways you can prepare for *Walking with Moms in Need: A Year of Service*, when it is pastorally and practically appropriate for everyone's safety.

To learn more visit: <https://www.walkingwithmoms.com/>

Movie Unplanned

The Movie Unplanned is now available to watch free with your Amazon Prime subscription. Unplanned is also free to watch on FORMED. Many parishes are using <https://formed.org/signup> Find your parish or begin a 7-Day Trial.

Free Webinar

The Office of Life issues is hosting a free webinar on Fertility Awareness Base Methods (FABM) on Saturday, May 30th at 10AM. This is a great opportunity to update your knowledge and learn more about FABM. Please share widely. Registration is required. You will be prompted to enter your name and email to register. [Register Here](#)

NEED EMOTIONAL SUPPORT?

If you experiencing emotional distress related to the COVID-19 pandemic, crisis counselors are available 24/7, 365 days a year.

Call 1-800-985-5990
or text "TalkWithUs" to 66746.



If you are in crisis or or thinking about suicide, get connected to a local crisis center and get in touch with someone immediately.

Call 1-800-273-8255 (TALK)
or text "MHA" to 741741.