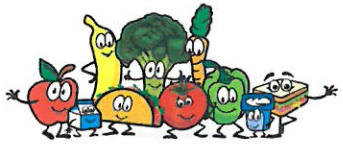
October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 *Mass* *Grades 4-8* **Adoration** 	2
3	4	5 (8th Grade	6 *Spirit Wear* Angels ***Walk to School Day*** Camp	7 *Mass* *Grades 4-8* *End of 1st Qt.* Ondessonk)	8 ***No School*** 	9
10	11 ***No School*** 	12 Speech Meet	13 ***Report Cards*** 	14 *Mass* *Grades K-3*	15 *Mass* *Grades 4-8*	16
17 *(Parent/ Teacher Conferences) Oct. 18-22* 	18	19 PS~ Grade 1 to Goebel Farms Speech Meet	20	21 *Mass* *Grades 4-8*	22 *Mass* *Grades K-3*	23
24 *Red Ribbon Week Oct. 24—30* 	25	26 Speech Meet	27 Halloween Theme Dress 	28 *Mass* *Grades K-3*	29 *Mass* *Grades 4-8* Grades 1~4 Zoo Trip	30/31



OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni Pizza Lettuce Salad Carrots Cooked Broccoli Fruit Alt: Cheese Pizza/PBJ
4 Pancakes Sausage Hash Browns Oranges Dragon Juice Alt: PBJ/Chef Salad	5 Asian Chicken Bites Peas Rice Egg Roll Fruit Alt: PBJ	6 Hot Dog French Fries Baked Beans Cucumbers Fruit Alt: PBJ/Chef Salad	7 Mac N Cheese w/Chicken Broccoli Yogurt Fruit Alt: PBJ/Chef Salad	8 **No School**
11 **No School**	12 Chicken Nuggets Mashed Potatoes Corn Roll Fruit Alt: PBJ	13 Sub Sandwich Baked Beans Carrots Baked Chips Fruit Alt: Corn Dog/Chef Salad	14 Chicken Noodle Soup Crackers Carrots/Tomatoes Cucumbers Fruit Treat Alt: PBJ/Chef Salad	15 Pizza Quesadillas Salad Black Beans Carrots Fruit Alt: PBJ
18 Cheese Quesadilla Black Beans Rice Fruit Yogurt Alt: Corn Dog/Chef Salad	19 Chicken Strips Mashed Potatoes Green Beans Roll Fruit Alt: PBJ	20 Fish Sticks Mac N Cheese Peas Fruit Alt: Corn Dog/Chef Salad	21 Chili Corn Bread Cheese Stick Celery Fruit Alt: PBJ/Chef Salad	22 Calzone w/Pepperoni Black Beans Red/Green Peppers Salad Fruit Alt: PBJ
25 Beef Tacos Tortilla Chips Refried Beans Cherry Tomatoes Lettuce Salad Fruit Alt: PBJ/Chef Salad	26 Popcorn Chicken Mashed Potatoes Corn Roll Fruit Alt: PBJ	27 Spaghetti Garlic Toast Broccoli Salad Fruit Alt: PBJ/Chef Salad	28 Chicken Patty Sandwich French Fries Black Beans Green/Red Peppers Fruit Alt: Spicy Chicken Sandwich/ Chef Salad	29 Bosco Sticks Lettuce Salad Cherry Tomatoes Corn Fruit Alt: PBJ

"The USDA and the State of Indiana are equal opportunity providers and employers."

** Menu subject to change due to availability*

CHRIST THE KING SCHOOL

COVID-19 Screening for Parents

Every morning before you send your child to school please check for signs of illness:

☐

FEVER 100.4* OR CHILLS
*or school board policy if threshold is lower

☐

SORE THROAT

☐

COUGH* OR SHORTNESS OF BREATH
*especially new onset, uncontrolled cough

☐

DIARRHEA, NAUSEA OR VOMITING, ABDOMINAL PAIN

☐

HEADACHE*
*particularly new onset of severe headache, especially with fever

☐

NEW LOSS OF TASTE OR SMELL

**May present with more than one symptom. This list does not include all possible symptoms.*

1. Does your child have any sign of illness above?
2. Were you in close contact (within 6 feet for a total of 15 minutes over a 24-hour period) with anyone confirmed with COVID-19?
3. If the answer is **YES** to any of the questions, **DO NOT** send your student to school. Instead, begin isolation of your child and contact your healthcare provider. Have you been tested for COVID-19? Only a positive test or provider diagnosis can confirm if someone has a current infection.
4. Please keep your student home until they meet the criteria.

→ *If you have trouble breathing, chest pain, new confusion, inability to wake or stay awake or bluish lips or face* **CALL 911!**

Indiana Department of Health

Updated: 2/9/21

Annunciation CTK Campus Fall Fundraiser

With your help, the profits from this sale will be used for Classroom and Teacher Resources!
Thank you for your support!

Use this link to see a video presentation for your child's school fundraiser!
https://player.vimeo.com/video/606951512

SCAN ME

Sell Online, Too!

Students must first register at:
www.paragon-promotions.com
Enter GROUP ID #: **F2138**
Follow the prompts to receive your own personal Seller ID that you can text or email to your family and friends.

****

KEEP FOR YOUR INFO:

Seller ID:_____

Password:_____

****

Ship to Home or School!

FREE SHIPPING on ALL Ship to School orders!

NEW! FREE SHIPPING on Ship to Home orders over $100!

(Sales tax will apply to all online orders)

Fundraiser Catalogs include:
Calendar Organizer Flyer,
Gourmet Goodness and Together

Hold on to catalogs until all products are delivered to your customers.

Important Info

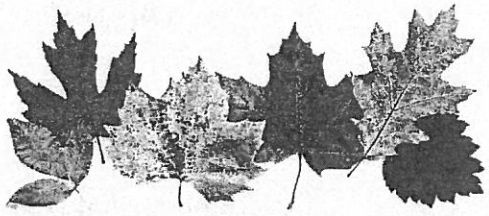
Sale Begins:
Wednesday, September 22, 2021

Sale Ends:
Wednesday, October 6, 2021
(Order Forms Due)

Delivery: 2-3 weeks after sale end date

Money Collection

Please do not turn cash or checks in with your order form.
Money will be collected after product is delivered.



Stay Safe—No Door to Door Sales!

WIN FUN PRIZES!

Collectible MINIONS Quick Starts!

Turn in Coupon #1 (found in your brochure packet) when you **sell 3 items** and receive a **LANYARD + COLLECTIBLE MINION!**
Turn in the other coupons when you sell **6, 9 & 12 items** and immediately receive **another** MINION COLLECTIBLE for each prize level you reach!
Coupons **must be turned in by the **end of the sale** to receive your Minion collectibles!**

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SELL:	WIN:	
1 item	SLINGSHOT FROG/AEROCOPTER COMBO!	
7 Items	NINJA CLIMBER **PLUS** MIND READING CARD GAME!	(+ above prizes)
8 Items	BONUS: SKY ZONE!	(+ above prizes)
12 Items	BONUS: ROLLING VIDEO GAMES VAN!	(+ above prizes)
13 Items	EMOJI RING **PLUS** GLITTER SQUEEZE BALL!	(+ above prizes)
20 Items	LIGHT-UP FOAM AIRPLANE **PLUS** GROWING SNAKE!	(+ above prizes)
30 Items	BLUETOOTH WIRELESS EARBUDS **PLUS** FOAM ROCKET LAUNCHER!	(+ above prizes)
45 Items	LED LIGHT STRIP **AND** BLUETOOTH SPEAKER!	(+ above prizes)
65 Items	BLUETOOTH SCOOTER!	(+ above prizes)
100 Items	$100 WALMART GIFT CARD!	(+ above prizes)

BONUS PRIZES

Sell **8 or more items** and receive a **FREE 1 hour pass to** SKY ZONE TRAMPOLINE PARK EVANSVILLE, IN

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Sell **12 or more items** and earn **time in the Rolling Video Games Van**!
Challenge your friends on your favorite Wii and Xbox One games on 4 widescreen, high-definition screens! All games are rated 'E' for everyone!

PLUS...

Your name will be entered in a drawing for **$50 CASH**!!

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NIFTY FIFTY CLUB!

All classrooms that achieve 50% student participation in the sale will receive a **MOVIE & POPCORN PARTY** AND the teacher will get a JEANS PASS!

Winter Sports Sign-Ups

If your child is interested in participating in winter sports, please complete the sign-up below. This information is used to determine rosters, coaches, scheduling and uniforms. This will be the only sign-up sheet sent prior to the season.

Please turn in the $30.00 non-refundable Athletic Fee (per player, per sport) with this form. *If we do not receive the sign-up form and fee, a spot cannot be guaranteed for your athlete.*

Parents, if you are interested in possibly working with a team, please express your interest in volunteering below. *Once the rosters are completed, coaches will be determined and notified.*

Thank you for your support of CTK athletics. If you have any questions feel free to contact me at 476-1792.

Jane Parsley
Athletic Director

2021-2022 WINTER ATHLETIC SIGN-UP FORM

Player _____ Grade _____

Phone Number_____

BOYS

Basketball _____
Grades 3 - 8

GIRLS

Basketball _____
Grade 3 - 8

Cheerleading _____
Grades 5-8

Yes, I am interested in helping coach _____

Phone_____ E-mail Address_____

I am interested helping with the team _____

Phone _____ E-mail Address_____

DEADLINE FOR SIGN-UPS IS - FRIDAY, SEPTEMBER 24!

International Walk to School Day is a global event that involves communities from more than 40 countries walking and biking to school on the same day. On Wednesday, October 6th, Kindergarten – 7th grade students will have the opportunity to walk a pre-planned route at school if they arrive between 7:15 and 7:25 a.m. Teachers, our safety patrol, and law enforcement will be stationed around the school and park. We hope students, and parents, will join us on this day to observe Walk to School Day.

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5 Habits You Should Instill in Your Kids

I have a silly habit: I love washing dishes. I can't go to bed with dishes in the sink. Do you have a random must-do chore you do around the house every day? Whatever it is, your daily habits like that one make you the person you are. I know from my football days that you are your daily habits. If you don't practice well, you won't play well. Athletes call it the "one percent" rule. If you're focused on getting just a little bit better each day, you'll find over time that you'll look back and see that small, daily habits actually made you better. Your kids can look back to see the same. Teaching good habits for kids can be tough, but it can be done. Here are 5 habits you should instill in your kids.

Habit 1: Show up.

To play at the pro level, or at any level, you have to show up consistently. Showing up is what separates players. You won't get far if you don't show up. My wife and I teach our kids to start planning for their tomorrow the night before. This helps get them mentally prepared for the next day so they show up ready for what may come their way. Showing up consistently is what separates us as dads too. Showing up often means being on time and being helpful. It's about knowing your responsibility. You can teach good habits for kids by modeling responsibility through your actions. Do what you say you're going to do. If you make a promise, see it through. Trust me—your kids are watching.

Habit 2: Find the good.

Winston Churchill said, "Success is the ability to go from one failure to another with no loss of enthusiasm." In the worst times, find the good. When I lost a football game, I could focus on the loss or I could find something worth learning about the loss. Yes, the wins are nice. But I often learned more from the losses. Teach your kids to find the good—in people, in situations, and in themselves. I don't want my kids learning to judge too quickly. Assume the best first. Work against being the downer of the group. Are you that guy in your family? No matter what's happening, do your kids see your positivity? Learn to focus on the positive and you'll raise more positive kids.

Habit 3: Be grateful.

I learned over the years with football just how fleeting my time was on the field. I didn't always get this right, but I tried to appreciate the time I was given on the field. As you age, you realize even the seemingly small things, like working out and practicing with other athletes, are worth being thankful

for. Hanging on the door to my kids' room is a sign with motivational reminders. One of the sentences is "I am thankful." We always tell our kids—and we have them repeat it back to us—to "be thankful for what you have, not what you don't." In your words and actions, are you a living example of good habits for kids? Do they see someone who is grateful? Being grateful will change how you talk about your job, other people, and your family.

Habit 4: Lift up others.

The best teammates I've played with are guys who lift others up. On and off of the field, it's important to be the one who encourages others. For most of my days, football was my family. I was blessed to have folks like Jon Kitna and Josh McCown encourage me and speak into my life.

"The goal is to raise kids who see beyond themselves and look for ways to encourage others."

Are you the dad who lifts others up? Do your kids see it? Walk by your kids and, out of the blue, tell them you love them or mention something good they did. If this type of talk is constantly in your home, it will change your kids' lives. When our kids play a sport, we tell them every game to pick a teammate or coach and tell him or her something he or she did well. The goal is to raise kids who see beyond themselves and look for ways to encourage others.

Habit 5: Work hard.

Athletes know the importance of working hard. You can't go very far if you aren't willing to put in the work. Most folks see the good things that happen in those few seconds on the field. But they don't see the hours, weeks, months, and years of hard work it takes to play on the field. Paul "Bear" Bryant said, "We can't have two standards, one set for the dedicated young men who want to do something ambitious and one set for those that don't." You have to teach your kids to do hard things. We ask our kids daily, "What are the two things you can control?" The answer is "your attitude and your effort." We also ask, "What's the difference between you and everyone else?" The answer is "out-working them." Make sure your kids see you working hard and they'll be more likely to do the same.