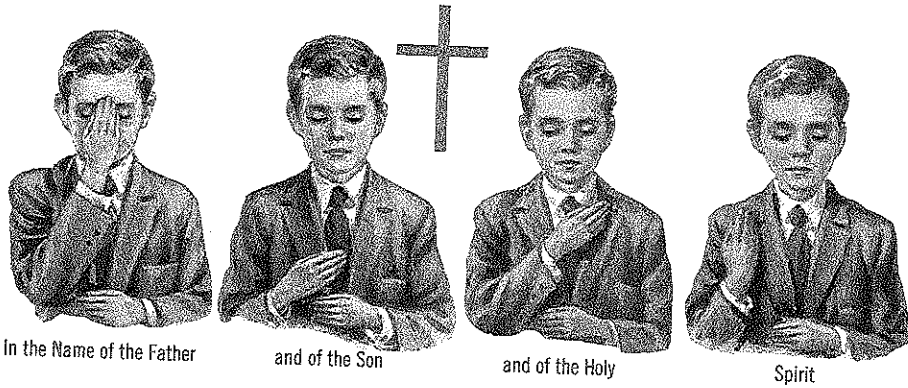


# PRAYERS FOR EVERY DAY



## The Sign of the Cross

**I**N THE NAME of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.



Amen

## The Lord's Prayer

**O**UR FATHER, Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come,  
Thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

**The Hail Mary**

**H**AIL, MARY, full of grace!  
The Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.



Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.



**Glory Be to the Father**

**G**LORY BE to the Father,  
and to the Son,  
and to the Holy Spirit.

As it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

**Prayer to the Guardian Angel**

**A**NGEL OF GOD,  
My Guardian dear,  
To whom His love  
Entrusts me here,  
Ever this day,  
Be at my side,  
To light and guard,  
To rule and guide. Amen.





**Morning Offering**

**O** MY GOD, I offer You every thought  
and word and act of today.  
Please bless me, my God,  
and make me good today.

**An Act of Faith**

**O** MY GOD, I believe all the truths  
which the Holy Catholic Church teaches,  
because You have made them known.

**An Act of Hope**

**O** MY GOD,  
because You are all-powerful,  
merciful, and faithful to Your promises,  
I hope to be happy with You in heaven.

**An Act of Love**

**O** MY GOD,  
because You are all-good,  
I love You  
with my whole heart and soul.

## VARIOUS PRAYERS

### The Blessing before Meals

**B**LESS US, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

### Grace after Meals

**W**E GIVE THEE THANKS for all Thy benefits, O Almighty God, who lives and reigns forever. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### Ejaculations

**M**Y Jesus, mercy.  
**M**ost Sacred Heart of Jesus, have mercy on us.  
Mother of mercy, pray for us.  
Jesus, Mary, and Joseph,  
bless us now and at the hour of our death.

## NIGHT AND OTHER PRAYERS

**M**Y GOD and Father,  
I thank You for all the blessings  
You have given me today.  
I am sorry for all my sins,  
because they have hurt You,  
my dearest Father.

### An Act of Contrition

**O** MY GOD, I am sorry for all my sins,  
because of Thy just punishments,  
and because they displease Thee,  
Who art all-good and deserving of all my love.  
With Thy help, I will sin no more.



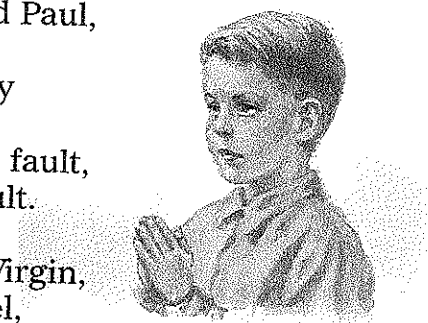
Another Act of Contrition (Longer Form)

O MY God, I am heartily sorry  
 for having offended Thee,  
 and I detest all my sins,  
 because of Thy just punishments,  
 but most of all,  
 because they offend Thee, my God,  
 Who art all good and deserving of all my love.  
 I firmly resolve,  
 with the help of Thy grace,  
 to sin no more  
 and to avoid the near occasions of sin. Amen.

The Confiteor

I CONFESS to Almighty God,  
 to blessed Mary ever Virgin,  
 to blessed Michael the Archangel,  
 to blessed John the Baptist,  
 to the holy Apostles Peter and Paul,  
 and to all the saints,  
 that I have sinned exceedingly  
 in thought, word, and deed,  
 through my fault, through my fault,  
 through my most grievous fault.

Therefore,  
 I beseech blessed Mary ever-Virgin,  
 blessed Michael the Archangel,  
 blessed John the Baptist, the holy Apostles  
 Peter and Paul, and all the Saints,  
 to pray to the Lord our God for me.  
 May the Almighty God have mercy on me,  
 and forgive me my sins,  
 and bring me to everlasting life. Amen.  
 May the Almighty and merciful Lord  
 grant me pardon, absolution,  
 and remission of all my sins. Amen.



The  
Apostles'  
Creed

I BELIEVE in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son,  
Our Lord,  
Who was conceived by the  
Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
He descended into hell;  
on the third day He rose again from  
the dead;  
He ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there He will come to judge  
the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

