

DID I COMMIT ANY OF THESE SINS?

Did I miss Mass on purpose on a Sunday or Holy Day? (*Number of times*)

Was I late for Mass on Sunday through my own fault? (*. . . . times*)

Did I laugh or talk in church? (*. . . . times*)

Was I disobedient to others? (*. . . . times*)

Did I talk back to them? (*. . . . times*)

Did I fight with someone? (*. . . . times*)

Did I use angry words? (*. . . . times*)

Did I try to get even with someone?
(*. . . . times*)

Did I use bad words? (*. . . . times*)

Did I steal something? (*. . . . times*)

Did I tell any lies? (*. . . . times*)

Was I unkind to others? (*. . . . times*)

Did I call anyone bad names? (*. . . . times*)

Was I mean to others? (*. . . . times*)

Did I tease someone unkindly? (*. . . . times*)

CAN YOU ANSWER THESE?

1. What Sacrament heals our sick souls?
2. What medicine does it use?
3. If we ever have big sins, will Our Lord forgive us?
4. Is He angry with us?
5. What is the best way to get ready for Confession?

CAN YOU ANSWER THESE?

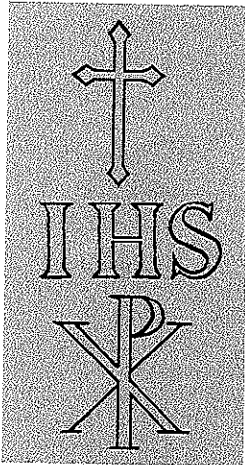
1. What is the first thing you say in Confession?
2. What do you say about your last Confession?
3. What do you do next?
4. What do you do after the priest gives you your penance?

**PRAYER
BEFORE CONFESSION**

COME, HOLY SPIRIT,
give me Your light
to see my sins,
and give me Your help
to be sorry for them.
Show me why I sinned.
Help me never again
to sin on purpose.

**PRAYER
AFTER CONFESSION**

MY JESUS, I thank You
for washing away my sins
in Your Precious Blood.
Help me to accept my cross
each day and not to hurt
You.
I love You with my whole
heart and soul.

SIGNS OR SYMBOLS OF CHRIST I SEE IN CHURCH

A cross should remind me that Our Lord died on the Cross for me.

The letters "I H S" mean JESUS in Greek. This was a language used when Jesus was on earth.

The letters "P" and "X", placed one over the other, mean CHRIST in Greek.

Next time you are in church, see how many of these symbols you can find.