

Holy Family Catholic Church  
Office of Religious Education  
Director, Joseph H Munning IV

*Youth & Family Religious Education*  
*2022 1<sup>st</sup> Communion Dress Code*  
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## 1<sup>st</sup> Communion Dress Code

Following is the dress code for 1<sup>st</sup> reception of the sacrament of communion at Holy Family Catholic Church. Candidates who do not follow the dress code will be asked to leave. The purpose of the dress code is not to be overly restrictive for the sake of having rules upon rules. Rather we seek to accomplish 3 things:

1. The reception of the sacraments is a sacred supernatural act in which God, through the Church, showers the candidates with grace to draw them deeper in loving union with Him. They are receiving something from God to bless them for all eternity. That is huge. That requires dignity and decorum. Candidate attire should reflect as much as possible the dignity of the gift they are receiving, as well as reflect the virtues of modesty and humility at the reception of such a precious gift.
2. Wearing a bold bright orange shirt and Hawaiian flowered shorts when everyone else is wearing neutral and light pastel colors will make you stick out to the congregation and in any group photos. It is distracting to the beauty of the sacraments and disruptive to the community of the candidates. Keep in mind the other families sharing this blessed celebration with you.
3. The Church has colors for each season meant to clearly signify characteristics about the supernatural life of the Body of Christ. White is appropriate for sacraments and for the Easter season. White shirts and dresses fit the season, reminding us and the wearer of the power and purity of new life and the Resurrection.

### Boys

Boys are required to wear dark dress pants, dress shoes, a tie and a belt. Dark means black, dark blue or navy. Ties must be either solid or have simple standard patterns. Please no ties with logos or characters such as a tie with Batman insignia or the like. No J. Garcia ties.

Boys are required to wear a neutral or light pastel collared shirt. White, creme, light blue, and salmon are all acceptable. Please nothing overly bright or gaudy. Do not wear purple and gold shirts. Shirts must be solid or pinstripe. Jackets are acceptable but not required.

Do Not wear jeans, sandals, flip flops, sneakers/trainers/tennis shoes, earrings, or piercings of any kind.

### Girls

Girls are required to wear white dresses and dress shoes. Dresses must fully cover the knees. Dresses may not be backless, low cut, or strapless. Flowers, bows, and veils are acceptable but not required.

Do Not wear flip flops, sneakers/trainers/tennis shoes, earrings, or piercings of any kind.

Do Not wear makeup.