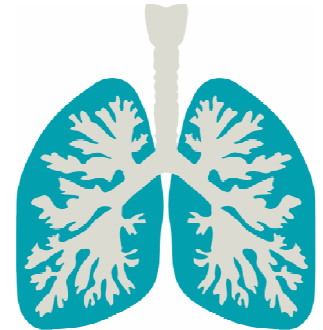


FIND SUPPORT ~ GET SUPPORT ~ GIVE SUPPORT

Living with Pulmonary Fibrosis: Support in Indianapolis for Patients, Caregivers, Family and Friends

<https://www.facebook.com/groups/pf.support.in.indy/>
<https://www.facebook.com/SupportinIndianapolis/>
<https://www.stjosephindy.org/ipf>

3rd Tuesday Monthly from 1:00 – 2:30 p.m.
St. Joseph Catholic Church
1401 South Mickley Avenue
Indianapolis, IN 46241



**LUNCH IS PROVIDED
AT EACH MEETING,
PLEASE RSVP IF
YOU ARE ATTENDING.**

To RSVP or for more information contact:
Patty Arthur, RN, FCN at 317-339-6503
or e-mail parthur000@yahoo.com

Do you or a loved one suffer from Pulmonary Fibrosis?

Pulmonary Fibrosis is more prevalent than breast cancer, yet there is little awareness of this disease or support for those who suffer from it. St. Joseph Health Ministry wants to help change that. **You are invited to join us for:**

- ◆ Lunch
- ◆ Round Table Discussion
- ◆ Pulmonary Fibrosis Related Presentation
- ◆ Q & A Following Presentation

Monthly Topics Might Include:

- Understanding PF: Genetics in IPF
- Supplemental Oxygen
- Pulmonary Rehab
- Palliative Care and Hospice

If you or a loved one has been affected by pulmonary fibrosis, you are invited to attend our support group. Participating in a support group may improve your emotional well-being and have a positive impact on your health by offering you an opportunity to connect with others who are facing similar experiences, obtain practical information, and to receive support.

Support groups can also be a valuable resource for your caregivers, other family members, and friends. Please remember, a support group should not replace treatment from your doctor.

NOT EVERYONE BREATHES EASY!

For more information about pulmonary fibrosis visit
pulmonaryfibrosis.org.

Pulmonary Fibrosis
FOUNDATION