

18th Sunday in Ordinary Time – August 1, 2021  
Lectionary: 113

**Gathering Hymn**

Alleluia! Sing to Jesus!



1. Al - le - lu - ia! Sing to Je - sus! His the  
2. Al - le - lu - ia! Not as or - phans Are we  
3. Al - le - lu - ia! Bread of an - gels, Here on  
4. Al - le - lu - ia! King e - ter - nal, You the



scep - ter, his the throne. Al - le - lu - ia! His the  
left in sor - row now; Al - le - lu - ia! He is  
earth our food, our stay! Al - le - lu - ia! Here the  
Lord of lords we own; Al - le - lu - ia! Born of



tri - umph, His the vic - to - ry a - lone.  
near us; Faith be - lieves, nor ques - tions how.  
sin - ful Flee to you from day to day.  
Mar - y, Earth your foot - stool, heav'n your throne.



Hark! The songs of peace - ful Zi - on Thun - der  
Though the cloud from sight re - ceived him When the  
In - ter - ces - sor, friend of sin - ners, Earth's re -  
You with - in the veil have en - tered, Robed in



like a might - y flood: "Je - sus out of ev - 'ry  
for - ty days were o'er, Shall our hearts for - get his  
deem - er, plead for me, Where the songs of all the  
flesh, our great high priest; Here on earth both priest and



na - tion Has re - deemed us by his blood."  
prom - ise: "I am with you ev - er - more"?  
sin - less Sweep a - cross the crys - tal sea.  
vic - tim In the eu - cha - ris - tic feast.

Text: Revelation 5:9; William C. Dix, 1837–1898  
Tune: HYFRYDOL, 8 7 8 7 D; Rowland H. Prichard, 1811–1887

**Greeting**

**P.** The Lord be with you.

**R.** And with your spirit.

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## **Penitential Act Form A (Confiteor)**

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

## **Gloria**

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Glory to God in the highest, and on earth peace to people of good will. Amen.

## **Collect**

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

## **Reading 1    **EX 16:2-4, 12-15****

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!" Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. "I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God." In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

## **Responsorial Psalm    **PS 78:3-4, 23-24, 25, 54****

**R. The Lord gave them bread from heaven.**

What we have heard and know, and what our fathers have declared to us, we will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

**R. The Lord gave them bread from heaven.**

He commanded the skies above and opened the doors of heaven; he rained manna upon them for food and gave them heavenly bread.

**R. The Lord gave them bread from heaven.**

Man ate the bread of angels, food he sent them in abundance. And he brought them to his holy land, to the mountains his right hand had won.

**R. The Lord gave them bread from heaven.**

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**Reading 2** **EPH 4:17, 20-24**

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Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

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**Alleluia** **MT 4:4B**

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**R. Alleluia, alleluia.**

One does not live on bread alone, but by every word that comes forth from the mouth of God.

**R. Alleluia, alleluia.**

**P.** The Lord be with you.

**R. And with your spirit.**

**P.** A reading from the holy Gospel according to John.

**R. Glory to you, O Lord.**

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**Gospel** **JN 6:24-35**

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When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: He gave them bread from heaven to eat." So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."

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**P.** The Gospel of the Lord

**R. Praise to You, Lord Jesus Christ.**

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# Homily

## Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## Universal Prayer

**P.** Jesus assures us that whoever comes to him will never hunger and so we come to him today with our prayers, assured that we will be satisfied.

**LECTOR:** For the Church, that we may be driven to feed the hungry: those afflicted with spiritual hunger, who seek purpose and mission in life, as well as those suffering from material hunger, who long for full stomachs and adequate nutrition, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** That leaders of every nation may recognize the millions of people in the world who are malnourished and work together to find ways to provide food for those who cannot afford it, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** For our leaders, that they respond to those in need with compassion and assistance, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** That God's generosity from age to age to all who call upon the Lord may be a model for us as we are called upon by those in need, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** For all of us, that as we follow Saint Paul's charge to put on our new selves, we may resolve with the grace of God to live our lives in righteousness and truth, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** For those who have served in our armed forces, and those who continue to serve, we pray to the Lord.

**R. Lord, hear our prayer.**

**L.** For the silent prayers we hold in our hearts and for the intentions in the book of prayers: that they will be joined to those of our Blessed Virgin Mary, our patron St. Matthew, and all the saints, we pray to the Lord.

**R.** Lord, hear our prayer.

**P.** Gracious God, You sent the Bread of Life to nourish us always. Instill in us such generosity and thankfulness that the bread we offer to those in need may reflect our thankfulness to you for all that we have received. Hear the prayers we make through your Son, the true bread from heaven, Our Lord for ever and ever.

**R.** Amen

## Preparation of the Gifts and Altar

### O Jesus, Joy of Loving Hearts



1. O Je - sus, joy of lov - ing hearts, The fount of  
2. For you our rest - less spir - its yearn, Wher - e'er our  
3. We taste you, ev - er - liv - ing bread, And long to  
4. O Je - sus, ev - er with us stay! Make all our



life and light of all, From ev - 'ry bliss that  
chang - ing lot is cast; Glad, when your pres - ence  
feast up - on you still. We drink of you, the  
mo - ments calm and bright! O chase the night of



earth im - parts We turn, un - filled, to hear your call.  
we dis - cern, Blest, when by faith we hold you fast.  
foun - tain-head, That you our thirst - ing souls may fill.  
sin a - way! Shed o'er the world your ho - ly light!

Text: *Jesu, dulcedo cordium*; attr. to St. Bernard of Clairvaux, 1091–1153; para. by Ray Palmer, 1808–1887, alt.  
Tune: WAREHAM, LM; William Knapp, 1698–1768

**P.** Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

*Then he places the paten with the bread on the corporal. If, however, the Offertory Chant is not sung, the Priest may speak these words aloud; at the end, the people may acclaim:*

**R.** Blessed be God for ever.

*The Deacon, or the Priest, pours wine and a little water into the chalice, saying quietly:*

**P.** By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity.

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*The Priest then takes the chalice and holds it slightly raised above the altar with both hands, saying in a low voice:*

**P.** Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

*Then he places the chalice on the corporal. If, however, the Offertory Chant is not sung, the Priest may speak these words aloud; at the end, the people may acclaim:*

**R. Blessed be God for ever.**

### **Invitation to Prayer**

**P.** With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

*If appropriate, he also incenses the offerings, the cross, and the altar. A Deacon or other minister then incenses the Priest and the people.*

*Then the Priest, standing at the side of the altar, washes his hands, saying quietly:*

**P.** Wash me, O Lord, from my iniquity and cleanse me from my sin.

*Standing at the middle of the altar, facing the people, extending and then joining his hands, he says:*

**P.** Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

*Then the Priest, with hands extended, says the Prayer over the Offerings, at the end of which the people acclaim:*

**R. Amen.**

### **Preface Dialogue**

**P.** The Lord be with you.

**R. And with your spirit.**

**P.** Lift up your hearts.

**R. We lift them up to the Lord.**

**P.** Let us give thanks to the Lord our God.

**R. It is right and just.**

### **Preface Acclamation**

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.  
Hosanna in the highest. Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

## **The Mystery of Faith**

**P.** The mystery of faith.

**R.** When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

## **The Lord's Prayer**

**P.** At the Savior's command and formed by divine teaching, we dare to say:

**R.** Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

## **Doxology**

**P.** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

**R.** For the kingdom, the power and the glory are yours now and for ever.

## **Sign of Peace**

**P.** Lord Jesus Christ, who said to your Apostles; Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

**R.** Amen.

**P.** The peace of the Lord be with you always.

**R.** And with your spirit.

*If appropriate, the Deacon, or the Priest, adds:*

**P.** Let us offer each other the sign of peace.

*Comment: If the priest says "Let us offer each other the sign of peace." The congregation should avoid any contact with each other, and instead offer some other appropriate gesture. Then he takes the host, breaks it over the paten, and places a small piece in the chalice, saying quietly:*

**P.** May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.

**P.** The peace of the Lord be with you always.

**R.** And with your spirit.

**Lamb of God Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace. Invitation to Communion**

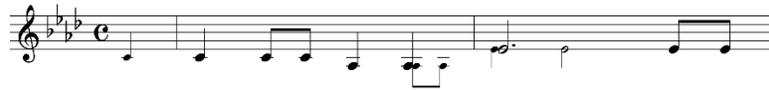
**P.** Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**ALL:** Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

# Communion Hymn

## I Am the Bread of Life / Yo Soy el Pan de Vida

Verses



1. I am the Bread of life. You who  
 2. The bread that I will give is my  
 3. Un - less you eat of the  
 4. I am the Res - ur - rec - tion, that  
 5. Yes, Lord, we be - lieve that  
 1. Yo soy el Pan de Vi - da. A mí  
 2. El pan que yo da - ré es mi  
 3. Si us - te - des no co - men la  
 4. Yo soy la Re - su - rrec - ción,  
 5. Sí, Se - ñor, cre - e - mos que



come to me shall not hun - ger, and who be -  
 flesh for the life of the world, and if you  
 flesh of the Son of Man and  
 I am the life. If you be -  
 you are the Christ, the  
 ven - gan: no ten - drán ham - bre. En mí  
 car - ne, la vi - da del mun - do. Los que  
 car - ne del Hi - jo del Hom - bre, y no  
 Yo soy la Vi - da. Si en  
 tú e - res el Me - sí - as, el



lieve in me shall not thirst. No one can come to  
 eat of this bread, you shall live for  
 drink of his blood, and drink of his  
 lieve in me, e - ven though you  
 Son of God, Who has



me un - less the Fa - ther beck - ons.  
 ev - er, you shall live for ev - er.  
 blood, you shall not have life with - in you.  
 die, you shall live for ev - er.  
 come in - to the world.  
 mí si mi Pa - dre no lo a - tra - e.  
 siem - pre, vi - vi - rán por siem - pre.  
 san - gre, no po - drán te - ner mi vi - da.  
 muer - to, vi - vi - rán por siem - pre.  
 mun - do pa - ra re - di - mir - nos.

Refrain



And I will raise you up, and I will  
 Yo los re - su - ci - ta - ré, Yo los re -



raise you up, and I will raise you  
 su - ci - ta - ré, Yo los re - su - ci - ta -



up on the last day.  
 ré en el dí - a fi - nal.

## Concluding Rites

**P.** The Lord be with you.

**R.** And with your spirit.

**P.** Go forth, the Mass is ended. **OR** Go and announce the Gospel of the Lord. **OR** Go in peace, glorifying the Lord by your life. **OR** Go in peace.

**R.** Thanks be to God.

## Closing Hymn

### Alleluia! Sing to Jesus!



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scep - ter, his the throne. Al - le - lu - ia! His the  
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earth our food, our stay! Al - le - lu - ia! Here the  
Lord of lords we own; Al - le - lu - ia! Born of



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near us; Faith be - lieves, nor ques - tions how.  
sin - ful Flee to you from day to day.  
Mar - y, Earth your foot - stool, heav'n your throne.



Hark! The songs of peace - ful Zi - on Thun - der  
Though the cloud from sight re - ceived him When the  
In - ter - ces - sor, friend of sin - ners, Earth's re -  
You with - in the veil have en - tered, Robed in



like a might - y flood: "Je - sus out of ev - 'ry  
for - ty days were o'er, Shall our hearts for - get his  
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