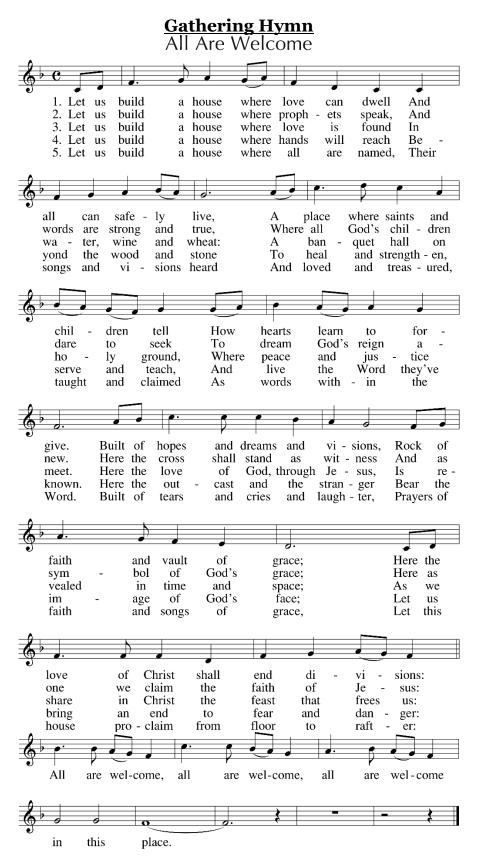
19th Sunday in Ordinary Time – August 8, 2021 Lectionary: 116



Greeting

P. The Lord be with you.

R. And with your spirit.

Penitential Act Form A (Confiteor)

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Gloria

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Glory to God in the highest, and on earth peace to people of good will. Amen.

Collect

Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Reading 1 1 KGS 19:4-8

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death saying: "This is enough, O LORD! Take my life, for I am no better than my fathers." He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

Responsorial Psalm PS 34:2-3, 4-5, 6-7, 8-9

R. Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

Glorify the LORD with me, let us together extol his name. I sought the LORD, and he answered me and delivered me from all my fears.

R. Taste and see the goodness of the Lord.

Look to him that you may be radiant with joy and your faces may not blush with shame. When the afflicted man called out, the LORD heard, and from all his distress he saved him.

R. Taste and see the goodness of the Lord.

The angel of the LORD encamps around those who fear him and delivers them. Taste and see how good the LORD is; blessed the man who takes refuge in him.

R. Taste and see the goodness of the Lord.

Reading 2 EPH 4:30-5:2

Brothers and sisters: Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.

Alleluia JN 6:51

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia.

P. The Lord be with you.

- **R.** And with your spirit.
- **P.** A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

Gospel JN 6:41-51

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?" Jesus answered and said to them, "Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: They shall all be taught by God. Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

P. The Gospel of the Lord

R. Praise to You, Lord Jesus Christ.

Homily

Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, Catholic and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Universal Prayer

P. God sent food to Elijah to sustain him on his journey and the Bread of life to all humankind to sustain us on ours. Therefore it is with confidence that we express our needs to the source of our sustenance.

LECTOR: For the Church, that we may always reach out in Christ's name to offer bread to those who hunger, drink to those who thirst, and life to those in disrepair, we pray to the Lord.

R. Lord, hear our prayer.

L. For those who serve in public office, that guided by ideals of justice and respect for life, they may uphold the sanctity of all human life, we pray to the Lord.

R. Lord, hear our prayer.

L. For all who are traveling, that they may find their journeys rewarding and may be kept safe until their return home, we pray to the Lord.

R. Lord, hear our prayer.

L. For all who are ill in body, mind, or spirit, that they may experience God's healing touch through the care and treatment they receive from those who have dedicated their time and expertise to the care for others, we pray to the Lord.

R. Lord, hear our prayer.

L. For our parish community, that we may be imitators of God: kind, compassionate, and forgiving of one another, we pray to the Lord.

R. Lord, hear our prayer.

L. For those who have served in our armed forces, and those who continue to serve, we pray to the Lord.

R. Lord, hear our prayer.

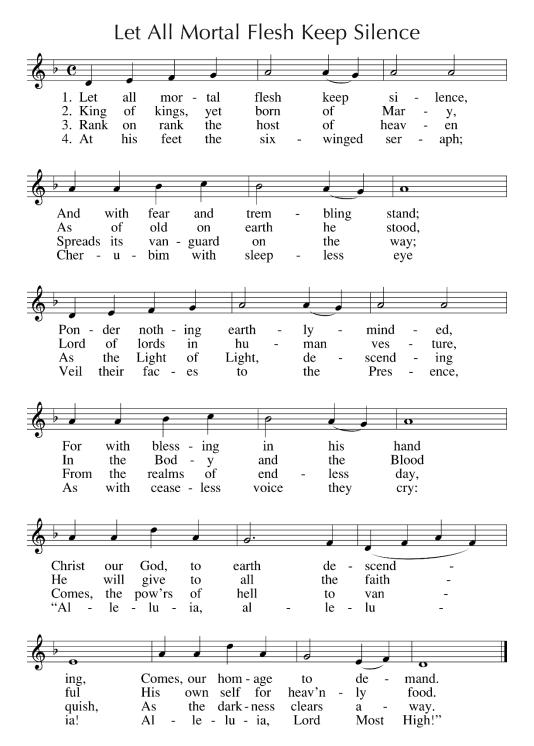
L. For the silent prayers we hold in our hearts and for the intentions in the book of prayers: that they will be joined to those of our Blessed Virgin Mary, our patron St. Matthew, and all the saints, we pray to the Lord.

R. Lord, hear our prayer.

P. Loving God, You looked after your faithful servant, Elijah, and your only begotten Son on their journeys to you. Sustain us on our journeys so we not lose heart as you listen to the prayers we make through Jesus Christ our Lord.

R. Amen

Preparation of the Gifts and Altar



Text: Liturgy of St. James, 5th C.; para. by Gerard Moultrie, 1829–1885, alt. Tune: PICARDY, 8 7 8 7 8 7; French carol; harm. by Richard Proulx, 1937–2010

P. Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

Then he places the paten with the bread on the corporal. If, however, the Offertory Chant is not sung, the Priest may speak these words aloud; at the end, the people may acclaim:

R. Blessed be God for ever.

The Deacon, or the Priest, pours wine and a little water into the chalice, saying quietly:

P. By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity.

The Priest then takes the chalice and holds it slightly raised above the altar with both hands, saying in a low voice:

P. Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

Then he places the chalice on the corporal. If, however, the Offertory Chant is not sung, the Priest may speak these words aloud; at the end, the people may acclaim:

R. Blessed be God for ever.

Invitation to Prayer

P. With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

If appropriate, he also incenses the offerings, the cross, and the altar. A Deacon or other minister then incenses the Priest and the people. Then the Priest, standing at the side of the altar, washes his hands, saying quietly:

P. Wash me, O Lord, from my iniquity and cleanse me from my sin.

Standing at the middle of the altar, facing the people, extending and then joining his hands, he says:

- **P.** Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.
 - **R.** May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Then the Priest, with hands extended, says the Prayer over the Offerings, at the end of which the people acclaim:

R. Amen.

Preface Dialogue

- **P.** The Lord be with you.
 - **R.** And with your spirit.
- **P.** Lift up your hearts.
 - **R.** We lift them up to the Lord.
- **P.** Let us give thanks to the Lord our God.
 - **R.** It is right and just.

Preface Acclamation

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The Mystery of Faith

- **P.** The mystery of faith.
 - **R.** When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

The Lord's Prayer

- **P.** At the Savior's command and formed by divine teaching, we dare to say:
 - **R.** Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Doxology

- **P.** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.
 - **R.** For the kingdom, the power and the glory are yours now and for ever.

Sign of Peace

- **P.** Lord Jesus Christ, who said to your Apostles; Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.
 - R. Amen.
- **P.** The peace of the Lord be with you always.
 - **R.** And with your spirit.

If appropriate, the Deacon, or the Priest, adds:

P. Let us offer each other the sign of peace.

Comment: If the priest says "Let us offer each other the sign of peace." The congregation should avoid any contact with each other, and instead offer some other appropriate gesture. Then he takes the host, breaks it over the paten, and places a small piece in the chalice, saying quietly:

- **P.** May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.
- **P.** The peace of the Lord be with you always.
 - **R.** And with your spirit.

Lamb of God Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace. Invitation to Communion

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

ALL: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Hymn



Concluding Rites

- **P.** The Lord be with you.
- **R.** And with your spirit.
- **P.** Go forth, the Mass is ended. **OR** Go and announce the Gospel of the Lord. OR Go in peace, glorifying the Lord by your life. OR Go in peace.
- **R.** Thanks be to God.

Closing Hymn



Text: Revelation 5:9; William C. Dix, 1837–1898 Tune: HYFRYDOL, 8 7 8 7 D; Rowland H. Prichard, 1811–1887