



**FIRST FRIDAY DEVOTIONS  
IN HONOR OF THE SACRED HEART OF JESUS**

St. Benedict Catholic Church  
Mount Pleasant, SC

**Exposition of the Blessed  
Sacrament**

1. O saving Victim, op'ning wide  
The gate of heav'n to us below!  
Our foes press on from ev'ry side;  
Your aid supply, your strength bestow.

2. To Thy great name be endless praise,  
Immortal Godhead, One in Three;  
O grant us endless length of days  
In our true native land with Thee.  
Amen.

1. O salutaris hostia  
Quae caeli pandis ostium  
Bella premunt hostilia  
Da robur, fer auxilium

2. Uni trinoque Domino  
Sit sempiterna Gloria:  
Qui vitam sine termino  
Nobis donet in patria  
Amen.

**Adoration**

Litany of the Most Sacred  
Heart of Jesus

Priest: Lord, have mercy.  
Congregation: Christ, have mercy.

**P:** Lord, have mercy. Christ hear us.  
**C:** Christ graciously hear us.

**P:** God, the Father of Heaven.  
**C:** Have mercy on us. \*

God the Son, Redeemer of the world,  
God, the Holy spirit,

Holy Trinity, one God,  
Heart of Jesus, Son of the  
Eternal Father,  
Heart of Jesus, formed by the  
Holy Spirit in the womb of  
the Virgin Mother,  
Heart of Jesus, of infinite majesty,  
Heart of Jesus, sacred temple of  
God,  
Heart of Jesus, tabernacle of the  
Most High,  
Heart of Jesus, house of God and  
gate of heaven,  
Heart of Jesus, burning furnace of  
charity,  
Heart of Jesus, abode of justice and  
love,  
Heart of Jesus, full of goodness and  
love,  
Heart of Jesus, abyss of all virtues,  
Heart of Jesus, most worthy of all  
praise,  
Heart of Jesus, king and center of all  
hearts, in whom are all the  
treasures of wisdom and  
knowledge,  
Heart of Jesus, in whom dwells the  
fullness of divinity,  
Heart of Jesus, in whom the Father  
was well pleased,  
Heart of Jesus, of whose fullness we  
have all received,  
Heart of Jesus, patient and most  
merciful,  
Heart of Jesus, enriching all who  
invoke you,  
Heart of Jesus, fountain of life and  
holiness,  
Heart of Jesus, paying for our sins,  
Heart of Jesus, humiliated and  
disgraced,  
Heart of Jesus, bruised for our  
offenses,

Heart of Jesus, obedient to death,  
Heart of Jesus, pierced with a lance,  
Heart of Jesus, source of all  
consolation,  
Heart of Jesus, our life and  
resurrection,  
Heart of Jesus, our peace and  
reconciliation,  
Heart of Jesus, victim for our sins,  
Hearts of Jesus, salvation of those  
who trust in You,  
Heart of Jesus, hope of those who  
die in You,  
Heart of Jesus, delight of all the  
saints,

**P:** Lamb of God, You take away the  
sins of the world,  
**C:** Graciously hear us, O Lord.

**P:** Lamb of God, You take away the  
sins of the world  
**C:** Have mercy on us.

**P:** Jesus, meek and humble of heart,  
**C:** Make our heart like unto Thine!

\*\*"Have mercy on us" follows each  
invocation



## LET US PRAY

Almighty and Eternal God, look upon the Heart of your most beloved Son and upon the praises and satisfaction which He offers You in the name of sinners. In Your goodness, grant forgiveness to those who implore Your mercy, in the name of the same Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen.

### ***Benediction***

1. Humbly let us voice our homage  
For so great a sacrament;  
Let all former rites surrender  
To the Lord's new Testament;  
What our senses fail to fathom  
Let us grasp through faith's consent!

2. Glory, honor, adoration  
Let us sing with one accord!  
Praised be God, almighty Father;  
Praised be Christ, his Son, our Lord;  
Praised be God the Holy Spirit;  
Triune Godhead be adored!  
Amen.

1. Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.

2. Genitori, Genitoque  
Laus et jubilatio  
Salus, honor, virtus quoque  
Sit et benedictio  
Procedenti ab utroque  
Compare sit laudatio.  
Amen.

**P:** You have given them bread from heaven:  
**C:** *Containing in itself all delight.*

**P:** Lord our God, You have given us the true  
bread from heaven.  
In the strength of this food may we live  
always by your life and rise in glory  
on the last day.

We ask this through Christ our Lord.

**C:** *Amen.*

### ***Reposition***

#### ***The Divine Praises***

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true  
Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy  
Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary  
most holy.

Blessed be her holy and Immaculate  
Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and  
Mother.

Blessed be Saint Joseph, her most chaste  
spouse.

Blessed be God in his angels and in his  
saints.

### **"Holy God, We Praise Thy Name"**

Holy God, we praise thy name;  
Lord of all, we bow before thee;  
All on earth thy scepter claim,  
All in heav'n above adore thee.

Infinite thy vast domain,  
Everlasting is thy reign!  
Infinite thy vast domain,  
Everlasting is thy reign!