

Session 1: Sunday is Special

We will be using the Blessed program through Dynamic Catholic for sacrament preparation.

Go to: <https://dynamiccatholic.com/blessed/program-view> (start with Session 1).

The program consists of a series of videos and a workbook that are designed to be used together for a comprehensive Sacrament preparation. The videos are approximately 3 – 5 minutes in length; please sign after your child has watched a video. The outline below will help you work through the content with your child. The videos are intended to reinforce the learning done in the workbook. Please complete both the workbook and the videos concurrently; a “to do” list can be found below to help you work through both the book and the videos.

<u>To Do</u>	<u>Student Signature</u>	<u>Parent Signature</u>
<input type="checkbox"/> Opening Prayer: Workbook, page 1		
<input type="checkbox"/> Watch Video 1.1: Keep Counting Your Blessings		
<input type="checkbox"/> Discuss: What are you grateful for?		
<input type="checkbox"/> Watch Video 1.2: Your Journey with God Continues		
<input type="checkbox"/> <i>Optional Review: Sacraments with your child</i>		
<input type="checkbox"/> Discuss: Which Sacraments have you received? <ul style="list-style-type: none"> • Baptism (page 5) • Reconciliation (page 8) • Communion (page 12) • Confirmation (page 16) 	<ul style="list-style-type: none"> • Marriage (page 20) • Holy Orders (page 22) • Anointing of the Sick (page 24) 	
<input type="checkbox"/> Watch Video 1.3: God Loves to Celebrate		
<input type="checkbox"/> <i>Optional Reading: Zaccheaus (page 30)</i>		
<input type="checkbox"/> Read: Feast Days (page 32)		
<input type="checkbox"/> Discuss: What is your favorite saint?		
<input type="checkbox"/> Watch Video 1.4: What Makes Sunday Special?		
<input type="checkbox"/> Watch Video 1.5: From the Bible: Creation		
<input type="checkbox"/> Discuss: What has God given us?		
<input type="checkbox"/> Say “thank you” to God for all the gifts he have given us.		
<input type="checkbox"/> Video 1.6: Listening to God at Mass		
<input type="checkbox"/> Complete: “Show What you Know” (page 46)		
<input type="checkbox"/> Complete: “Journaling with Jesus” (page 49)		
<input type="checkbox"/> Video 1.7: Closing Prayer		