

Session 4: The Eucharist

We will be using the Blessed program through Dynamic Catholic for sacrament preparation.

Go to: <https://dynamiccatholic.com/blessed/program-view> (start with Session 4).

The program consists of a series of videos and a workbook that are designed to be used together for a comprehensive Sacrament preparation. The videos are approximately 3 – 5 minutes in length; please sign after your child has watched a video. The outline below will help you work through the content with your child. The videos are intended to reinforce the learning done in the workbook. Please complete both the workbook and the videos concurrently; a “to do” list can be found below to help you work through both the book and the videos.

<u>To Do</u>	<u>Student Signature</u>	<u>Parent Signature</u>
<input type="checkbox"/> Opening Prayer: Workbook, page 111		
<input type="checkbox"/> Watch Video 4.1: Food for the Soul		
<input type="checkbox"/> Discuss: What are some ways you can feed your soul?		
<input type="checkbox"/> Watch Video 4.2: The Liturgy of the Eucharist		
<input type="checkbox"/> Discuss: What happens during the consecration (page 120 to review)?		
<input type="checkbox"/> Watch Video 4.3: Holy Communion		
<input type="checkbox"/> Read out loud: last 2 lines on page 125. How does that make you feel?		
<input type="checkbox"/> Watch Video 4.4: The True Presence		
<input type="checkbox"/> Watch Video 4.5: From the Bible: The Last Supper		
<input type="checkbox"/> Discuss: If Jesus was coming to your house for supper, how would you prepare?		
<input type="checkbox"/> Video 4.6: Jesus is in You		
<input type="checkbox"/> Complete: “Show What you Know” (page 136)		
<input type="checkbox"/> Complete: “Journaling with Jesus” (page 139)		
<input type="checkbox"/> Video 4.7: Closing Prayer		