

We will be using the Blessed program through Dynamic Catholic for sacrament preparation.

Go to: <https://dynamiccatholic.com/blessed/program-view> (Start with Session 1; there are 7 videos per session).

The program consists of a series of videos and a workbook. Videos are approximately 3 – 5 minutes in length; please sign after your child has watched a video. The videos are intended to reinforce the learning done in the workbook. Please complete both the workbook and the videos concurrently.

<u>Sessions/Videos</u>	<u>Student Signature</u>	<u>Parent Signature</u>
Session 1: You are Blessed!		
Video 1.1: Welcome		
Video 1.2: You are Blessed		
Video 1.3: Count Your Blessings		
Video 1.4: My Journey with God		
Video 1.5: From the Bible: Gratitude		
Video 1.6: I am Blessed. I am Grateful.		
Video 1.7: Closing Prayer		

There are 6 sessions total (7 videos per session). At the end of each session there are two workbook pages to complete: "Show what you know" and "Journaling with Jesus." Please complete these as you go.