First and Last Name	(Please print.)	Grade	
	—Praying with na is Latin for "divine reading" and in immerse oneself in the Word of	d is a very simple and	-
1. READ (Lectio)			
- Begin by going to www.usccb.org . The click the Sunday date you are reflecting - Before you start, ask the Holy Spirit, the - When you begin reading, read through the Go	g on. This will bring you to the rea he author of Sacred Scripture, to h the Gospel slowly and attentive	adings and Gospel for that Sur come open your heart and to ely.	nday. guide your mind.
<u>2 . THINK/MEDIT</u>	ATE (Meditatio)		
- Allow yourself to enter into the Gospe crowd. Use your imagination and bring - Also think about the words that stuck highlighted as you read. 3. PRAY (Oratio) - At this point, you move from the head - In this step, you turn over everything your - Ask him why the words stuck out, why a second of the example. Essentially, it's time to take it all in Rest in what God has spoken to you in the example of the example.	the scene to life. out as you read and wrestle with and go to the heart. you thought about the Gospel to y the passage unfolded like it did	why they were God in prayer. in your meditation.	c ^t lo V _i na
Day of Mass: <u>Saturday</u>	Sunday Date:	/ / 2017	
Time of Mass: 3:45pm	5:15pm 8:30am	10:30am 12:00pm	5:00pm
Name of Priest Who Said Mass:	_Fr. Valentine Fr. Chux	Other:	
Did any words or phraWho were you in the s	Gospel using <i>Lectio Divina</i> is that came to mind during ses stand out? What were the tory and how did you feel? o tell you through this Gosp	each of the four steps? hey?	

First and Last Name	(Please print.)		Grade		
Lectio	A—Praying wit Divina is Latin for "divine reading" a vay to immerse oneself in the Word	and is a very sin	nple and	Gospel	
1. READ (Lection	<u>o)</u>				
click the Sunday date you are reflective Before you start, ask the Holy Spectrum - When you begin reading, read through the When you finish, read through the	g. This is the website of the Catholic ecting on. This will bring you to the poirit, the author of Sacred Scripture, brough the Gospel slowly and attentive Gospel again and take notice of a	readings and Go to come open y ively.	ospel for that Sunda our heart and to gu	ay. ide your mind.	
2.THINK/MEI	OITATE (Meditatio)				
- Allow yourself to enter into the Gospel you just read. Perhaps you are one of the disciples or simply someone in the crowd. Use your imagination and bring the scene to life. - Also think about the words that stuck out as you read and wrestle with why they were highlighted as you read. 3. PRAY (Oratio) - At this point, you move from the head and go to the heart In this step, you turn over everything you thought about the Gospel to God in prayer Ask him why the words stuck out, why the passage unfolded like it did in your meditation. 4. REST (Contemplatio) - Essentially, it's time to take it all in Rest in what God has spoken to you in His Word. Simply just sit and be with the God who loves you.					
Day of Mass: <u>Saturda</u>	<u>y Sunday</u> Dat	e: <u>/</u>	/ 2017		
Time of Mass: 3:45pm	5:15pm 8:30am	10:30am	12:00pm	5:00pm	
Name of Priest Who Said Ma	ass: <u>Fr. Valentine</u> Fr. Chu	x Other:			
When you were reflecting on the Gospel using Lectio Divina:					
 What were some things that came to mind during each of the four steps? 					
Did any words or phrases stand out? What were they?					
Who were you in the story and how did you feel?					
What was God trying to tell you through this Gospel? Share your thoughts					

First and Last Name Grade Grade	_
LECTIO DIVINA—Praying with the Sunday Gospe Lectio Divina is Latin for "divine reading" and is a very simple and very powerful way to immerse oneself in the Word of God. It consists of four steps:]
 1. READ (Lectio) - Begin by going to www.usccb.org. This is the website of the Catholic Bishops of the United States. On the calendar, click the Sunday date you are reflecting on. This will bring you to the readings and Gospel for that Sunday. - Before you start, ask the Holy Spirit, the author of Sacred Scripture, to come open your heart and to guide your mind 	
- When you begin reading, read through the Gospel slowly and attentively When you finish, read through the Gospel again and take notice of any words that stand out to you as you read. 2. THINK/MEDITATE (Meditatio) - Allow yourself to enter into the Gospel you just read. Perhaps you are one of the disciples or simply someone in the	
crowd. Use your imagination and bring the scene to life. - Also think about the words that stuck out as you read and wrestle with why they were highlighted as you read. 3. PRAY (Oratio))
- At this point, you move from the head and go to the heart In this step, you turn over everything you thought about the Gospel to God in prayer Ask him why the words stuck out, why the passage unfolded like it did in your meditation. 4. REST (Contemplatio) - Essentially, it's time to take it all in Rest in what God has spoken to you in His Word. Simply just sit and be with the God who loves you.	•
Day of Mass: Saturday Sunday Date: // 2017	
Time of Mass: 3:45pm 5:15pm 8:30am 10:30am 12:00pm 5:00pm	
Name of Priest Who Said Mass: Fr. Valentine Fr. Chux Other: When you were reflecting on the Gospel using Lectio Divina: What were some things that came to mind during each of the four steps? Did any words or phrases stand out? What were they? Who were you in the story and how did you feel? What was God trying to tell you through this Gospel? Share your thoughts.	

First and Last Name	(Please print.)		Grade	
Lect	VA—Praying with io Divina is Latin for "divine reading" ar I way to immerse oneself in the Word of	nd is a very sin	nple and	ospel
1. READ (Lect	io)			
click the Sunday date you are re - Before you start, ask the Holy - When you begin reading, read - When you finish, read through	org. This is the website of the Catholic of the Catholic of the control on. This will bring you to the respirit, the author of Sacred Scripture, to through the Gospel slowly and attentive the Gospel again and take notice of an analysis of the Color of the Catholic of the Cat	eadings and Go come open yell ely.	ospel for that Sunda our heart and to gui	iy. ide your mind.
	EDITATE (Meditatio)	one of the dis	oinlee er eimply eer	maana in tha
crowd. Use your imagination and - Also think about the words that highlighted as you read. 3. PRAY (Orat - At this point, you move from the - In this step, you turn over ever - Ask him why the words stuck or - Also think about the words stuck or - Also think about the words are considered.	t stuck out as you read and wrestle with FIO) e head and go to the heart. ything you thought about the Gospel to out, why the passage unfolded like it did	n why they we		Ct10
4. REST (Cont - Essentially, it's time to take it a				,1 •
	to you in His Word. Simply just sit and	be with the Go	od who loves you.	
Day of Mass: Sature	lay Sunday Date	:: <u>/</u>	/ 2017	
Time of Mass: 3:45pr	m 5:15pm 8:30am	10:30am	12:00pm	5:00pm
Name of Priest Who Said N	Mass: <u>Fr. Valentine</u> Fr. Chux	Other:		
What were someDid any words ofWho were you in	on the Gospel using Lectio Diving things that came to mind during phrases stand out? What were the story and how did you feel? Tying to tell you through this Gos	geach of the they?	·	