

GriefShare

Sessions for **GriefShare** will be offered on Line this session. This has been a very difficult time for all of us and we want to keep everyone safe. We can arrange for you to watch the video sessions on line at your own time. If you would like to take part in a discussion, we will set up ZOOM meetings each week to do that. ZOOM is very easy to set up on computer, iPad or smart phone. We would be happy to walk you through. We would be able to at least see each other and be there for support.

In order to see the sessions on line you must sign up either on GriefShare.org (search for local sessions) or contact Pat Smith (rsmith3055@aol.com) and you will be added to the list. You will then get a confirmation to watch the videos on line.

The first session will be September 16th at 1 PM on ZOOM.

Contact Joyce Croft with questions: 937-681-1048

We will meet at the Troy City Park on Wednesday, September 9th at 1 PM. This will be a meet and greet and a chance to see each other. Workbooks will be available for anyone new attending. Cost is \$10/workbook. We will follow social distancing and wearing of masks. Bring a lawn chair so we can spread out.