

Comfort for the Grieving Heart
You Don't Have to Go Through it Alone!

St. Patrick Church will be offering “**GriefShare**” a seminar and support group for our parish and local community. This is a weekly seminar/support group for people grieving the lost of a close personal relationship by death. It's a place where you can be around people who understand how you are feeling and are able to offer you encouragement. At **GriefShare**, you'll learn valuable information that will help you through this difficult time in your life. The videotape sessions will be watched on-line. We will meet in person for discussion of the topic addressed each week.

Masks will be worn and social distancing guidelines will be observed.

The afternoon sessions will meet in the St. Patrick Church undercroft, 409 East Main St. (use the ramp side door off Crawford St.) from 1-2 PM each Wednesday. The evening sessions will meet in the St. Patrick Paris Center, 444 East Water St. upstairs Room 3 from 7-8 PM. Sessions meet each Wednesday for 13 weeks. Please send your email to Pat Smith so you can be added to the list for access to the videos on line.

If you have any questions please contact Pat Smith at 937-335-2833, ext 105 or rsmith3055@aol.com.

If you know someone who can benefit from **GriefShare**, please pass this information along.