

The Archdiocese of Cincinnati is excited to introduce you to *Pray A Minute: One Million Hours of Prayer for Peace, Justice and Goodwill*.

The idea is simple – with nearly 500,000 Catholics in the archdiocese, what could happen if every Catholic would pray for just one minute more than they already pray, every day, for the specific intention of peace, justice and goodwill? After some quick calculations, the math was clear: One Million Hours. If the Catholics of our archdiocese start in August and continue through the end of the year, offering just one additional minute of prayer each day, it would total more than one million hours.

The initiative will feature a special daily prayer, prayer resources delivered weekly, and there will even be opportunities for those who participate to go above and beyond the daily prayer through acts of sacrifice and other devotional practices.

It's amazing what can happen when a lot of people each do something that's seemingly small and insignificant. The truth about prayer is it is powerful. It is significant. Even a minute of prayer can change a life.

Starting Aug. 1, visit **prayaminute.com** to get more information and do your part to affirm the power of prayer.

I am asking all of our parishioners, their families and friends to join the Archdiocese is praying 1 minute a day for peace. Check out the promo video: <https://www.youtube.com/watch?v=hafKK3OkL0M&feature=youtu.be>