



# St. Peter and Paul Knights of Columbus News & Information

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## **Grand Knight Report**

Brother Knights,  
Thank you Knights for giving of your time during this Lenten fish fry season. A special thank you to the wives of the knights and the women's guild for supplying the delicious deserts. I have heard from quite a few happy customers that we have the best fish around, not to mention some people ask for deserts made from specific people. I am humbled from all the people that come together to make each and every fish fry possible. Our church is in need of laity to help during both Saturday and Sunday Mass. This includes lectures, ushers, Eucharist ministers, people who click thru the slides, and alter servers. Contact Cheryl to add your name to the schedule.

Please remember that rosary is offered before each mass on Saturday and Sunday. It would be great to have a strong showing of Knights and their families saying this wonderful prayer to our Lord and our Blessed Mother Mary.

I have been sending out text messages to try and let everyone know when and where your help is needed. If you have not been receiving any texts and would like to be included or removed from the message list, please let me know.

Yours in Christ,  
James Moore  
Grand Knight  
612-390-0166

## **Message From The Chaplain**

Dear Brother Knights,

Happy Easter to all of you and your families. Hopefully this Lent and Easter were a time of spiritual growth for you.

During Lent we are encouraged to perform acts of penance, to increase our prayer life and give of our blessings to those who lack the basics. It was good to be reminded of this during Lent.

Now that Lent is over and we are into the Easter Season we relax our penances, possibly not pray as much as we did during Lent and we are probably not as eager to share our blessings with others.

In order for our vehicles to perform their best we need to continually maintain them with regular oil changes and other maintenance and with an occasional repair.

In order for us to perform at our best as Christians we need to continually maintain our spiritual lives. We do this by willingly choosing penances on a regular basis to remind ourselves of the great penance ~ the great suffering ~ Christ accepted in order that we might enter into heaven. We need to share our God given blessings with the poor as a sign that we know that it is God who has blessed us. We need to pray daily as individuals and families so that we can know God's will for our lives and receive his support and love. We need to pray in the community of the Church at least every weekend so that we can know and feel the support of our fellow Christians on our journey to the Kingdom of God.

And when we sin, when we need a major fix, there is the Sacrament of Reconciliation. God always forgives us when we ask for forgiveness. What an awesome gift...

I encourage all of us to design a maintenance schedule for ourselves and then every week review it and do what needs to be done to maintain our spiritual lives so that one day we can share in the Kingdom Christ won for us by his death, resurrection and Ascension.

Again ~ Happy Easter,  
Fr. Virg Helmin

**Insurance Corner:** Larry Callahan**Protecting Widows – A Founding Goal**

As a member of this council, you know how important spouses can be to the charitable works of the Order. If you're married, your wife is probably involved in a few of the many events that happen each fraternal year. This support adds great value and impact to what a council can achieve.

When the Order was founded in 1882, Father Michael J. McGivney and the other brave men were setting out to protect Catholic families, but especially wives and children. Today, we remain committed to this mission by offering insurance products and fraternal benefits designed with that goal in mind. One specific policy rider that you may not know about is called Spousal Waiver of Premium. This rider is unique to the Knights of Columbus philosophy of helping our widows. This rider is available on most permanent and Discoverer plans purchased at standard rates by a member and his wife on the same day. When both spouses apply, the rider provides for waiver of premiums on the spouse's contract in the event of the insured's death. Best of all, for members and spouses ages 18 to 60, this waiver can be added for no charge. The rider stays in effect until the spouse attains age 65 or certain other triggering events occur.

Our products are designed with your needs and budget in mind. With a solid portfolio of life insurance, long-term care, disability income and retirement products, the Knights of Columbus can help you meet all of your financial goals. To learn more about these solutions, contact me today.

And Brothers, please remember the widows of your members who have died. In my travels as a field agent I visit with many wonderful women who have given much of their lives to the service of family, friends, Church community and now find themselves increasingly alone, unable to move about as they once did and seemingly forgotten. Planning a council family event, remember to invite the widows of deceased members. Putting together a list of people to call to help in the kitchen for a breakfast event, make sure they are on it. In the spirit of our founder, we should always be caring for our widows and children.

Larry Callahan

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**Upcoming events:**

**April 2** Regular Meeting Zimmer Hall 7 pm

**April 20 & 21** 4<sup>th</sup> Degree Exemplification-Brainerd

**May 7** Regular Meeting Zimmer Hall 7pm

**May 18-20** KC State Convention—Rochester

**We wish Happy Birthday to:**

Ronald Anlauf, Shaun Fiedler, Jason Neville, Roger Downing, Robert Bendickson