

First Sunday of Lent Joyful Mysteries of the Rosary

Sign of the Cross

The Apostles' Creed

Leader: I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day he rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

} *Bow*

Participants: I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

The Our Father

Leader: Our Father who art in heaven,
hallowed be thy name;
thy Kingdom come,
thy will be done on earth as it is in heaven.

Participants: Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

The Hail Mary (pray 3 times for opening prayers and 10 times for each decade)

Leader: Hail, Mary, full of grace, the Lord is with thee.

Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.

Participants: Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen

The Glory Be

Leader: Glory be to the Father and to the Son and to the Holy Spirit,

Participants: as it was in the beginning Is now, and ever shall be
world without end. Amen.

Fatima Prayer (pray at the end of each decade)

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to
Heaven, especially those who are in most need of Thy mercy.

REFLECTION

The gospel for this First Sunday of Lent finds Jesus out in the desert tempted by Satan for 40 days. We consider all the ways we are tempted and commit to change, but we are Joyful because Jesus emerged proclaiming the Kingdom of God – the Good News.

Leader: First Mystery: The Annunciation

Participants: Our Father
10 Hail Marys
Glory Be
Fatima Prayer

Leader: Second Mystery: The Visitation

Participants: Our Father
10 Hail Marys
Glory Be
Fatima Prayer

Leader: Third Mystery: The Birth of Christ

Participants: Our Father
10 Hail Marys
Glory Be
Fatima Prayer

Leader: Fourth Mystery: The Presentation

Participants: Our Father
10 Hail Marys
Glory Be
Fatima Prayer

Leader: Fifth Mystery: Finding Jesus in the Temple

Participants: Our Father
10 Hail Marys
Glory Be
Fatima Prayer

Closing Prayers

The Hail Holy Queen

Leader: Hail, holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate
your eyes of mercy towards us;
and after this our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Leader: Pray for us, O holy Mother of God.

Participants: That we may be made worthy of the promises of Christ.

Leader: Let us pray.

O God whose only Begotten Son by his life, death and resurrection
Has purchased for us the rewards of eternal life
Grant we beseech thee, that while meditating on these mysteries
Of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they
contain and obtain what they promise through Christ Our Lord. Amen.

Sign of the Cross