



# PRAYER BOOKLET

**ASCENSION CATHOLIC CHURCH**

Pre-Kindergarten Prayers

Sign of the Cross

Guardian Angel Prayer

Kindergarten Prayers

Grace Before Meals

Grace After Meals

First Grade Prayers

Our Father

Glory Be

Hail Mary

Vs. from Liturgy of the Hours

Second Grade Prayers

Morning Offering

Act of Contrition

Third Grade Prayers

Come, Holy Spirit

Apostles Creed

Fourth Grade Prayers

Prayer of St. Frances (for peace)

Memorare

Fifth Grade Prayers

Act of Faith

Jesus Prayer

Joyful Mysteries

Sorrowful Mysteries

Prayer for the Faithful Departed

Sixth Grade Prayers

Act of Hope

Luminous Mysteries

Glorious Mysteries

Vocation Prayer

Also includes resources for prayer columns and intercessory prayer

**SIGN OF THE CROSS**

In the name  
of the Father  
and of the Son  
and of the  
Holy Spirit.  
Amen.

---

**GUARDIAN ANGEL PRAYER**

Angel of God,  
my guardian dear,  
to whom God's love  
commits me here,  
ever this day  
be at my side,  
to light and guard,  
to rule and guide.  
Amen.

## Kindergarten Prayers

---

### GRACE BEFORE MEALS

Bless us,  
O Lord,  
and these thy gifts,  
which we are about to  
receive  
from thy bounty,  
through Christ our Lord.  
Amen.

---

**GRADE AFTER MEALS**

We give thee thanks,  
for all thy benefits,  
Almighty God,  
who lives and reigns  
forever.

[And may the souls of the  
faithful departed,  
through the mercy of God,  
rest in peace.]

Amen.

# Grade 1 Prayers

---

## **OUR FATHER (LORD'S PRAYER)**

Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth,  
as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. Amen.

## **GLORY BE (DOXOLOGY)**

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be  
world without end. Amen.

---

## **HAIL MARY**

Hail, Mary, full of grace,  
the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,

now and at the hour of our death. Amen.

## **V. FROM LITURGY OF THE HOURS—MORNING PRAYER**

Opening

*L: Lord, open my lips,*

- **And my mouth will proclaim your praise.**

*L: Glory to the Father, and to the Son, and to the Holy Spirit:*

- **As it was in the beginning, is now, and will be forever.  
Amen. Alleluia.**

Conclusion

*L: May the Lord bless us, protect us from all evil and bring us  
to everlasting life.*

- **Amen.**

## Grade 2 Prayers

---

### **MORNING OFFERING**

Dear God,  
as I begin this day,  
keep me in your love and care.  
Help me to live  
as your child today.  
Bless me, my family,  
and my friends  
in all we do.  
Keep us all close to you.  
Amen.

---

**ACT OF CONTRITION**

My God,

I am sorry for my sins  
with all my heart.

In choosing to do wrong  
and failing to do good,

I have sinned against you  
whom I should love above all things.

I firmly intend, with your help,  
to do penance, to sin no more,  
and to avoid whatever leads me to sin.

Our Savior Jesus Christ  
suffered and died for us.

In his name, my God, have mercy.

Amen.

## Grade 3 Prayers

---

### **COME, HOLY SPIRIT**

V. Come, Holy Spirit, fill the hearts of your faithful.

**R. And kindle in them the fire of your love.**

V. Send forth your Spirit and they shall be created.

**R. And you shall renew the face of the earth.**

Let us pray:

O God, by the light of the Holy Spirit  
you have taught the hearts of your faithful.

In the same Spirit,  
help us to know what is truly right  
and always to rejoice in your consolation.

We ask this through Christ, our Lord.

Amen.

---

## **APOSTLES CREED**

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## Grade 4 Prayers

---

### **PRAYER FOR PEACE (ST. FRANCIS OF ASSISI)**

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

and where there is sadness, joy.

Grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love;

for it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal  
life.

---

**MEMORIARE**

Remember, O most gracious Virgin Mary,  
that never was it known  
that anyone who fled to thy protection,  
implored thy help,  
or sought thy intercession,  
was left unaided.

Inspired by this confidence I  
fly unto thee, O Virgin of virgins, my Mother.  
To thee do I come,  
before thee I stand, sinful and sorrowful.  
O Mother of the Word Incarnate,  
despise not my petitions,  
but in thy mercy hear and answer me.  
Amen.

## Grade 5 Prayers

---

### **ACT OF FAITH**

O my God, I firmly believe that  
you are one God in three divine Persons,  
Father, Son, and Holy Spirit.

I believe that your divine Son  
became man and died for our sins  
and that he will come to judge the living  
and the dead.

I believe these and all the truths  
which the Holy Catholic Church teaches  
because you have revealed them  
who are eternal truth and wisdom,  
who can neither deceive nor be deceived.  
In this faith I intend to live and die. Amen.

---

**PRAYER FOR THE FAITHFUL DEPARTED**

Leader: Eternal rest grant unto him/her,  
O Lord.

**Response. And let perpetual light shine  
upon him/her.**

L. May he/she rest in peace.

**R. Amen.**

L. May his/her soul and the souls of all  
the faithful departed, through the mercy  
of God, rest in peace.

**R. Amen.**

**JESUS PRAYER**

**Lord Jesus Christ, Son of God,  
have mercy on me, a sinner.**

[prayer comes from the following Gospel stories: the cure of  
the blind man (Mark 10:46-52), the publican's humble confes-  
sion in the parable (Luke 18:9-14). ]

## Grade 6 Prayers

---

### **ACT OF HOPE**

O Lord God,  
I hope by your grace  
for the pardon of all my sins and  
after life here  
to gain eternal happiness  
because you have promised it  
who are infinitely powerful, faithful, kind,  
and merciful.  
In this hope I intend to live and die.  
Amen.

### **VOCATION PRAYER**

God, I know you will call me for special  
work in my life. Help me follow Jesus  
each day and be ready to answer your  
call.

# Mysteries of the Rosary

---

## **JOYFUL MYSTERIES—GR. 5**

1. The Annunciation (Luke 1:26-38)
2. The Visitation (Luke 1:39-45)
3. The Nativity (Luke 2: 1-8)
4. The Presentation in the Temple (Luke 2:22-28)
5. The Finding of the Child Jesus After Three Days in the Temple (Luke 2:41-50)

## **SORROWFUL MYSTERIES—GR. 5**

1. The Agony in the Garden (Mark 14:32-42)
2. The Scourging at the Pillar (Matthew 27:26)
3. The Crowning with Thorns (Mark 15:16-20)
4. The Carrying of the Cross (Mark 15:21-22)
5. The Crucifixion (Mark 15:23-41)

## **GLORIOUS MYSTERIES—GR. 6**

1. The Resurrection (Mark 16:1-20)
2. The Ascension (Acts 1:6-11)
3. The Descent of the Holy Spirit at Pentecost (Acts 2:1-13)
4. The Assumption of Mary (Revelations 12:1)
5. The Coronation of Mary as Queen of Heaven and Earth (Rev. 12:1)

## **LUMINOUS MYSTERIES—GR. 6**

1. The Baptism of Jesus (Luke 3:21-22)
2. The Wedding Feast at Cana (John 2:1-12)
3. The Proclamation of the Kingdom and the call to Conversion (Luke 4:14-15)
4. The Transfiguration (Luke 9:28-36)
5. The Institution of the Eucharist (Luke 22:19)

## Prayer Columns for Younger Children

---

As you are and feel at this moment, select one word from each column that seems most appropriate.

I	II	III	IV	V	VI	VII
Loving	God	<b>Your</b>	Peaceful	Son	Needs	Help
Dear	Father		Happy	Daughter	Loves	Love
Forgiving	Jesus		Hurting	Child	Hopes for	Friendship
Blessed	Spirit		Loving	Family	Thanks for	Strength



Format for Intercessory Prayer

---

Leader:

*For.....,*

*we pray to the Lord.*

All Respond:

**Lord, hear our  
prayer.**