



An Invocation of Celtic Saints

Illumine me, you holy ones of God,
you saints of Eire, of Alba and of now,
I cry to you, I supplicate, I pray;
My sins have found me out, my heart is full.

O Holy Padraig (Patrick), pray for me to God
that He may make me worthy, just as you,
that union in the Blessed Trinity
may be my only breastplate and my name.

Now, Blessed Aidan, saint of Lindisfarne,
your holy island calls my name this morn,
light me with all-pure Light, the Christ of God,
as once you shone Him to Northumbria.

Great saint of Alba, Ninian, now cry
with me, I ask of you, apostle be
to me as to the Picts of old you gave
the Prince of Peace to free barbaric souls.

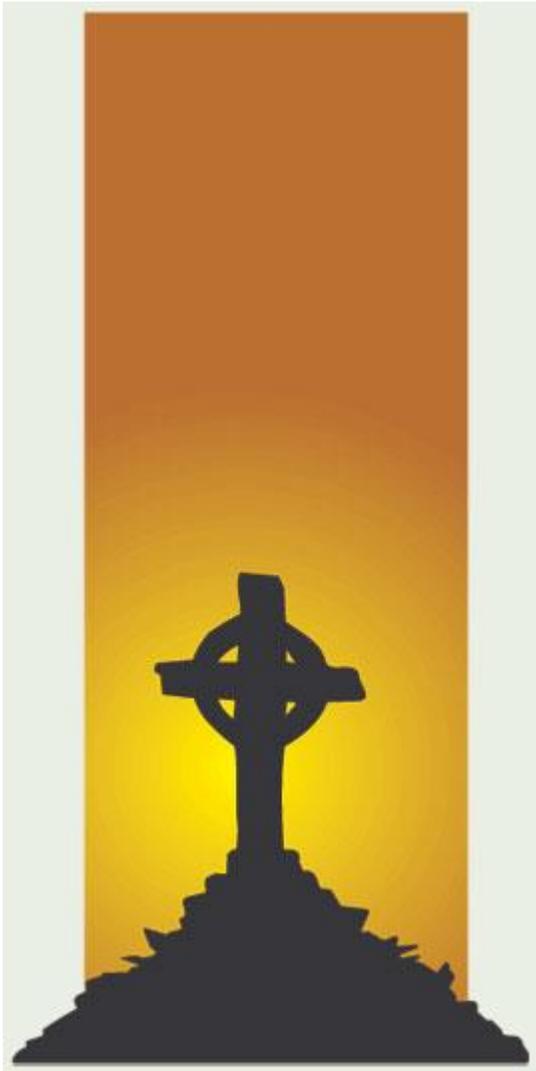
O fair Iona! Saint Columba's home!
I ask you, Holy Abbot Columcille,
to guide me now, please pray for me, my friend,
as now I seek to know th'Anointed One.

Now, Holy Lady, saint of saints and pure,
pray with these ancient ones, these holy Celts
to free my soul from passions strong and deep,
that I may see a vision of your Son.



A Litany of Celtic Saints

God of Eternal Majesty have mercy upon us



God of the Incarnate Word

have mercy upon us

God of the Abiding Spirit

have mercy upon us

St. Aidan of Lindisfarne

St. Aidan pray for us

St. Bede the Venerable

St. Bede pray for us

St. Brendan the Navigator

St. Brendan pray for us

St. Brigid of Kildare

St. Brigid pray for us

St. Kieran of Clonmacnoise

St. Kieran pray for us

St. Columba of Iona

St. Columba pray for us

St. Finian of Clonard

St. Finian pray for us

St. Francis of Assisi

St. Francis pray for us

St. Hilda of Whitby

St. Hilda pray for us

St. Ita, Foster Mother of the Saints

St. Ita pray for us

St. Killian the Missionary

St. Killian pray for us

St. Martin of Tours

St. Martin pray for us

St. Patrick the Enlightener

St. Patrick pray for us

Foods Associated With St. Brigid

Colcannon (serves 6)

1 1/4 lbs. Kale or green Cabbage
2 cups water
1 tablespoon olive oil
1 1/4 pounds peeled and quartered potatoes
1 tablespoon chopped parsley
1 cup cleaned and chopped leeks white part only
1 cup milk
Pinch of ground mace
Salt and ground pepper to taste
1/2 cup melted butter

Simmer kale or cabbage in 2 cups water and oil for 10 minutes, then drain, and chop fine. Boil potatoes and water, and simmer 'til tender. Simmer the leeks in milk for ten minutes 'til tender. Drain and puree the potatoes. Add leeks and their milk and the cooked kale, and mix in. Add mace, salt and pepper. Mound on a plate and pour on the melted butter. Garnish with parsley.

Boxty Cakes (makes 12)

1/2 pound hot cooked potatoes
1/2 pound grated raw potatoes
2 cups flour, 1 teaspoon baking soda
1 1/2 cups buttermilk
Butter for frying
Salt and pepper

Drain, peel and mash the hot potatoes. Stir in the raw potatoes, flour and baking soda. Add salt and pepper to taste. Mix well with enough buttermilk to make a stiff batter. Shape into 3 inch patties about 1/4 inch thick and fry on hot greased griddle until crispy and golden on both sides.

St. Brigid's Oatcakes (serves 4)

2 cups uncooked, old-fashioned rolled oats (not instant)
1 1/4 cups buttermilk
2 1/2 cups sifted bread flour
1 teaspoon baking soda

1/2 teaspoon baking powder
1 teaspoon salt
Vegetable oil spray

A day ahead, combine the oats and buttermilk in a small bowl. Blend thoroughly, cover and refrigerate overnight. The next day, preheat the oven to 350 degrees F. Remove the oat mixture from the refrigerator. Combine the bread flour, baking soda, baking powder, and salt in a large bowl. Slowly add the oat mixture and stir with a wooden spoon 20 to 30 times, or until you have a smooth dough. Grease a baking sheet with the oil spray. Turn the dough onto the baking sheet, and use your hands to form a round, cake-shaped loaf about 1-inch thick. Use a sharp knife or pizza cutter to cut the dough into 4 quarters. Move the quarters apart slightly, but keep them in the original round shape. Bake until the cakes are light golden brown and firm to the touch, 30 to 35 minutes. Cool slightly on a rack, and serve with butter and jam or preserves. Makes 1 loaf (in quarters).

Morning Prayer:

Today, I begin a holy day
Blessed by the holy Three
Each day a blessing,
Each night a rest,
A dweller in a holy place,
Each day a page,
Each week a chapter
In the hand of God.
Amen.

Night Prayer:

I am placing my soul and my body under thy guarding this night, O Brigid,
O calm Foster-mother of the Christ without sin, O calm Foster-mother of the Christ
of wounds.

I am placing my soul and my body under thy guarding this night, O Mary
O tender Mother of the Christ of the poor, O tender Mother of the Christ of tears.

I am placing my soul and my body under thy guarding this night, O Christ,
O Thou Son of the tears, of the wounds, of the piercings,
May Thy cross this night be shielding me.

I am placing my soul and my body under Thy guarding this night, O God,
O Thou Father of help to the poor and feeble pilgrims,
Protector of earth and of heaven, Protector of earth and of heaven,
Amen.