

Confirmation Study guide

Things you need to know before receiving the Sacrament of Confirmation.

Prayers: see attached

The Lord's Prayer
The Hail Mary
The Glory Be
The Apostles Creed
Sign of the Cross

Sacraments:

What is A Sacrament? A sacrament is a physical sign given to us by Jesus, through which He meets us and gives us grace. (Grace= His life in us, the goodness and strength of God operating in our lives.)

There are Seven Sacraments:

Baptism- Usually received as an infant, being welcomed into the Church.

Penance or Reconciliation- confessing one's sins to a priest, to cleanse our soul.

Eucharist- receiving the Body and Blood of Jesus Christ

Confirmation- receiving the gifts of the Holy Spirit, renewing baptismal promises.

Anointing of the Sick- This sacrament is how the Church cares for the sick. The priest will anoint a "sick" person to create a sense of healing and renewal in the person

Matrimony - a man and a woman who agree to remain faithful to each other for the rest of their lives.

Holy Orders- This sacrament can only be received by a man when he becomes a priest.

They are divided into categories:

Sacrament of Initiation	Sacrament of Healing	Sacrament of Service
Baptism	Penance or Reconciliation	Matrimony
Eucharist	Anointing of the Sick	Holy Orders
Confirmation		

Gifts of the Holy Spirit:

The Gifts of the Holy Spirit are:

Wisdom, Understanding, Counsel, Piety, Knowledge, Fortitude, and Fear of the Lord.

Wisdom: The ability to see God in everyone and everything everywhere.

Understanding: The ability to comprehend that we are followers of Christ.

Counsel (Right Judgment): The ability to know right from wrong and to choose to do what is right.

Piety (Reverence): The ability to have deep respect for God and the church.

Knowledge: The ability to understand the meaning of God.

Fortitude (Courage): The ability to overcome our fear and to stand up for what is right in the eyes of God.

Fear of the Lord (Wonder and Awe): The ability to be aware the God is all-powerful, all-loving, all-perfect

Fruits of the Holy Spirit are: Self-Control, Faithfulness, Kindness, Goodness, Love, Joy, Peace, Patience, and Gentleness.

4 Marks of the Church: Describe the Church today.

One: We acknowledge ONE God, One Bible, One Baptism

Holy: We are guided by the Holy Spirit

Catholic: We are universal church, open to all people.

Apostolic: Grounded in authority handed down to us by the Apostles.

An unbroken line from the first Pope: St. Peter

The Ten Commandments:

God gave Moses the Ten Commandments on Mount Sinai as stated in the book of Exodus.

1. I am the Lord your God; you shall have no other gods besides me.
2. Do not take the name of the Lord your God in vain.
3. Honor the Sabbath.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The two great commandments given to us by Jesus:

1. Love the Lord your God above all.
2. Love your neighbor as yourself.

Seven deadly Sins:

1. **Lust** - unlawful sexual desire, such as desiring sex with a person one is not married to
2. **Gluttony** - wasting of food, either through overindulgence in food, drink or intoxicants, misplaced desire for food for its sensuality, or withholding food from the needy
3. **Greed** - a desire to possess more than one has need or use for
4. **Sloth** - laziness, idleness and wastefulness of time allotted.
5. **Anger** - inappropriate (unrighteous) feelings of hatred, revenge or even denial
6. **Envy** – Jealousy- resentment of others for their possessions
7. **Pride**- a desire to be important or attractive to others or excessive love of self