



Step 1: Watch “My Journey with God Continues” video.

Step 2: Complete the following activity by answering True or False to each statement.

Step 3: Together complete the prayer on the back.

True Baptism is the beginning of our new life in Jesus.

True We should celebrate the day we were baptized.

False Sin has no effect on our relationship with God.

False Reconciliation is a one time gift. We should only go once in our life.

True Receiving Jesus in the Eucharist is one of the greatest blessings in your life.

True Holy Communion fills us with encouragement to persevere in times of difficulty.

False We should only receive Holy Communion at our 1st Communion.

True The Sacraments are designed by God to help us live a good life on Earth.

# My Little Prayer Process

- 1 Thank God for whomever and whatever you are most grateful today. List what you are grateful for.

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- 2 Think about today. Talk to God about the times when you were and were not the-best-version-of-yourself.

- 3 What do you think God is trying to say to you today? Talk to God about that.

- 4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.

- 5 Talk to God about some way he is inviting you to change and grow.

- 6 Pray for the other people in your life by asking God to guide them and watch over them. List those you are praying for.

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- 7 Pray the Our Father.