

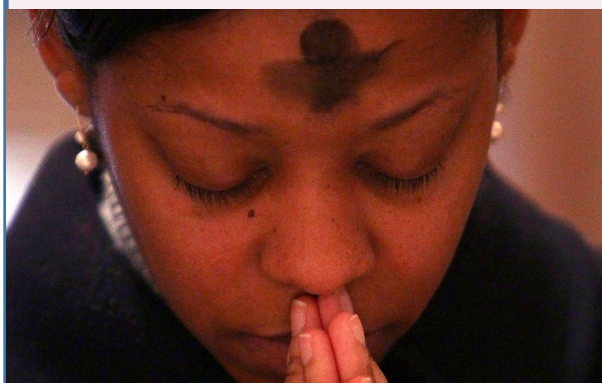
### FAITH AND WORKS COMMITMENT SUNDAY



FAITH & WORKS

This is our commitment weekend for the Faith & Works Annual Appeal. Please consider supporting the appeal which funds the multiple ministries of the diocese that include: Family & Pro-Life Ministries, Adult Faith Formation & Parish Support, Clergy & Vocation Support, Community & Safety, Children, Youth & Young Adult Ministries. Use the envelop mailed to you for the donation and submit in the collection basket or mail to the chancery. Our parish this year is \$29,000.

### ASH WEDNESDAY 2024



We celebrate Ash Wednesday this coming Wednesday, February 14th. Two Masses are scheduled: 8:00am and 6:00pm. Ashes will be blessed and distributed at both Masses. A reminder too that **Ash Wednesday is a day of Fast and Abstinence.** Every adult Catholic is allowed only one full meal and a snack. Fridays of Lent are also days of Abstinence from meat. Let us pray and make reparations for the sins of the entire humanity redeemed by the Precious Blood of Christ.

### LENTEN JOURNEY WITH DR. SCOTT HAHN



If you're ready for a Lenten challenge, join us on a weekly Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma as they lead us on a transformative Lenten journey, beginning Thursday after Ash Wednesday to Thursday March 21st. Each week, we'll draw from Dr. Hahn's inspiring series of talks based on his new book *Catholics in Exile*-filmed with an audience at the new St. Paul Center headquarters. Make this Lent exceptional for growth in the spirit.

### LENTEN FRIDAY SCHEDULE



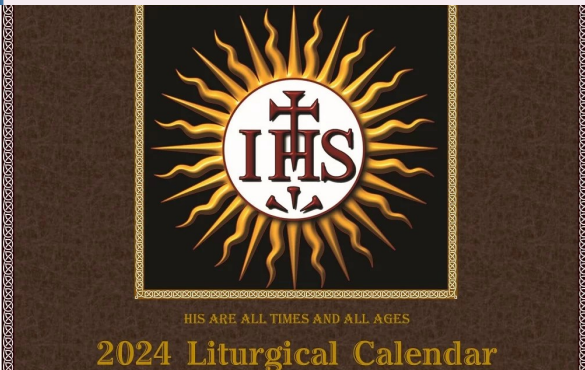
To celebrate the 40 Days of Lent with consummate attention and devotion, we urge you to follow the prescribed Lenten discipline of Prayer, Fasting, and Almsgiving. Join us too for these devotions:

5:00pm – Recitation of the Rosary

5:30 – 7:00pm – Mass & Eucharistic Adoration

7:00pm – Stations of the Cross

## IMPORTANT LITURGICAL DATES IN 2024



Note these important liturgical dates of 2024.

Ash Wednesday — February 14

Palm Sunday — March 24

Easter Sunday — March 31

Annunciation of the Lord — April 8 (transferred from March 25)

Immaculate Conception — December 9 (transferred from December 8)

## RETRouvaille: STRENGTHENING CATHOLIC MARRIAGES



Retrouvaille, a Catholic peer ministry to heal marriages, no matter the size of the problems, will offer a program beginning March 15-17. Call 405-443-3541, email [2034@retrouvaille.org](mailto:2034@retrouvaille.org) or visit the website [www.helpourmarriage.org](http://www.helpourmarriage.org) for more information. The program focuses on the following:

- Helping couples restore their marriage and rebuild a loving relationship.
- Christian & Catholic in origin, for couples of all faiths or no faith at all.
- Improve communication, strengthen love, and help couples reconnect.
- Presenters are not trained marriage counselors; but rather couples sharing their personal stories of marital struggles and the tools they used to rediscover their love.

## VICARIATE YOUTH MINISTRY MEETINGS



The Diocesan Youth Ministry Team is excited to announce the implementation of GroupMes for each Vicariate, enhancing communication among Youth Minister and all who have the formation of the youth at heart. This initiative aims to foster efficient collaboration, allowing everyone to share insights and ideas seamlessly. If you will like to be part of the team, please consider joining our Vicariate's GroupMe, by accessing the youth website: [youth.office@dioceseoftulsa.org](mailto:youth.office@dioceseoftulsa.org)

## FRIDAY STATIONS OF THE CROSS



The devotional exercise of visiting and praying in front of each of the 14 stations and meditating on the Passion of Christ is a practice of early Christian pilgrims who visited the scenes of the events in Jerusalem and walked the traditional route from the supposed location of Pilate's house to Calvary. Tradition holds that Mary, the mother of Jesus, set up stone markers at her home outside Jerusalem to prayerfully retrace the steps of her son's Passion. Join us to walk this path with her.



### THURSDAY FAITH ENRICHMENT MEETINGS

Our Thursday Faith Enrichment meeting will hold as Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma beginning this coming Thursday, February 15th. We meet at the parish hall between 6:30 and 8:30pm. Please join us.



### NATIONAL EUCHARISTIC CONGRESS, 2024

The National Eucharistic Congress taking place in Indianapolis, from July 17–21, 2024 will be a transformative moment for the Church in the USA. It will be the high point of the Eucharistic Revival. You can be part of this historic event, as Catholics from around the country gather for this weeklong grace-filled event. If you're interested in attending, call the office or talk to our parish point person, Kelly Drusen, for details.