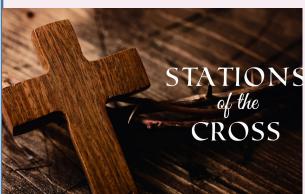
NEWSLETTER UPDATES Friday, February 23 2024



RITE OF ELECT OF CATECHUMENS

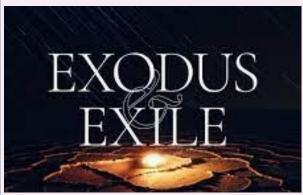
This Sunday at the 10 o'clock Mass, the catechumens who have been under instruction for the past five months will take a new step in their journey of faith: they will enter a phase called "Elect." This means that they have been accepted into the family of God as Christians preparing for baptism. We will have them sign their names in the **Book of the Elect**, after which they will proceed to Holy Family Cathedral in Tulsa where Bishop Konderla will formally accept their election. Let us prayerfully assist them in their journey.





The devotional exercise of visiting and praying in front of each of the 14 stations and meditating on the Passion of Christ is a practice of early Christian pilgrims who visited the scenes of the events in Jerusalem and walked the traditional route from the supposed location of Pilate's house to Calvary. Tradition holds that Mary, the mother of Jesus, set up stone markers at her home to prayerfully retrace the steps of her son's Passion. Join us to walk this path with her every Friday at 7pm.

LENTEN JOURNEY WITH DR. SCOTT HAHN



Join us on a weekly Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma as they lead us on a transformative Lenten journey, beginning Thursday after Ash Wednesday to Thursday, March 21st. Each week, we'll draw from Dr. Hahn's inspiring series of talks based on his new book *Catholics in Exile*-filmed with an audience at the new St. Paul Center headquarters. The book is available for \$25 each. Make this Lent exceptional for growth in the spirit.

LENTEN FRIDAY SCHEDULE



To celebrate the 40 Days of Lent with consummate attention and devotion, we urge you to follow the prescribed Lenten discipline of Prayer, Fasting, and Almsgiving. Join us too for these Friday devotions: 5:00pm — Recitation of the Rosary; 5:30 — Mass 6:00pm — Holy Hour; 7:00pm — Stations of the Cross On March 9th, we will have a Lenten dinner prepared by the KofC at 7:00pm. Please join us.

IMPORTANT LITURGICAL DATES IN 2024



Note these important liturgical dates of 2024.

St. Joseph, husband of Mary — March 19

Palm Sunday — March 24

Easter Sunday — March 31

Annunciation of the Lord — April 8 (transferred from

March 25)

Immaculate Conception — December 9 (transferred from December 8)

RETROUVAILLE: STRENGTHENING CATHOLIC MARRIAGES



Retrouvaille, a Catholic peer ministry to heal marriages, no matter the size of the problems, will offer a program beginning March 15-17. Call 405-443-3541, email 2034@retrouvaille.org or visit the website www.helpourmarriage.org for more information. The program focuses on the following:

- Helping couples restore their marriage and rebuild a loving relationship.
- Christian & Catholic in origin, for couples of all faiths or no faith at all.
- Improve communication, strengthen love, and help couples reconnect.
- Presenters are not trained <u>marriage counselors</u>; but rather couples sharing their personal stories of marital struggles and the tools they used to rediscover their love.

VICARIATE YOUTH MINISTRY MEETINGS



The Diocesan Youth Ministry Team is excited to announce the implementation of GroupMes for each Vicariate, enhancing communication among Youth Minister and all who have the formation of the youth at heart. This initiative aims to foster efficient collaboration, allowing everyone to share insights and ideas seamlessly. If you will like to be part of the team, please consider joining our Vicariate's GroupMe, by accessing the youth website: youth.office@dioceseof tulsa.org

MARIAN MEDICAL CLINIC

PLANNING INTRODUCTORY SESSIONS

2024 DATES

March 20th April 17th May 29th June 12th July 24th Sept 11th Oct 23rd Nov 13th Dec 4th

5:30 - 6:30 p.m.

No cost, but please register for a date

回磁回

Open to couples, singles, or those just interested in learning more!

Light snacks and drinks provided

Marian Medical Clinic - 5th level conference room Saint Francis Hospital South Bishop's Building 10507 East 91st Street Tulsa. Oklahoma 74133

The Marian Medical Clinic at Saint Francis is now seeing patients! This clinic is focused on restorative fertility care in line with Catholic teaching; women and couples struggling with metabolic issues, hormone ailments and subfertility across the menstrual lifespan are encouraged to seek treatment. Natural Family Planning education is available. Located in the Bishop's Building at Saint Francis South in Broken Arrow. Email audrey.stubblefield@dioceseoftulsa.org for questions. To schedule an appointment, please call 918-307-5440.



THURSDAY FAITH ENRICHMENT MEETINGS

Our Thursday Faith Enrichment meeting will hold as Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma every Thursday. We meet at the parish hall between 6:30 and 8:30pm. Please join us.



NATIONAL EUCHARISTIC CONGRESS, 2024

The National Eucharistic Congress taking place in Indianapolis, from July 17—21, 2024 will be a transformative moment for the Church in the USA. It will be the high point of the Eucharistic Revival. You can be part of this historic event, as Catholics from around the country gather for this weeklong grace-filled event. If you're interested in attending, call the office or talk to our parish point person, Kelly Drusen, for details.