

SPRING DAYLIGHT SAVINGS TIME



It's time once again to turn the clocks—this time forward for the Daylight Savings time. You may be among the 46% of Americans who find it cumbersome or even senseless that in the 21st century, we are still keeping this practice that served a more agrarian culture of the past. But while we still have it, remember to change the time so you won't be late or completely miss Mass on Sunday. You might find yourself coming during the recessional hymn, if you're one of those tied to the clock.

LAETARE SUNDAY: LENTEN ROSE SUNDAY



4th Sunday of Lent *Laetare Sunday*

Rejoice, Jerusalem. and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

This coming Sunday is the “Rose Sunday.” Lent, like the season of Advent, has a “Rejoice or Rose Sunday” when the rose vestments are worn and the altar could be decorated with flowers in joyful anticipation of Easter. While in Advent it is called *Gaudete Sunday*, during Lent it's called *Laetare Sunday*, taken from the antiphon at the Introit: “*Laetare, Jerusalem...*” (Rejoice Jerusalem, and all who love her—Isaiah 66:10). You may match it with a rose dress, shirt or tie.

LENTEN JOURNEY WITH DR. SCOTT HAHN



Join us on a weekly Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma as they lead us on a transformative Lenten journey, beginning Thursday after Ash Wednesday to Thursday March 21st. Each week, we'll draw from Dr. Hahn's inspiring series of talks based on his new book *Catholics in Exile*—filmed with an audience at the new St. Paul Center headquarters. The book is available for \$25 each. Make this Lent exceptional for growth in the spirit.

HOLY WEEK 2024 SCHEDULE



Our Holy Week schedule are as follows:

Palm Sunday: 5pm Saturday Vigil and 10am Sunday

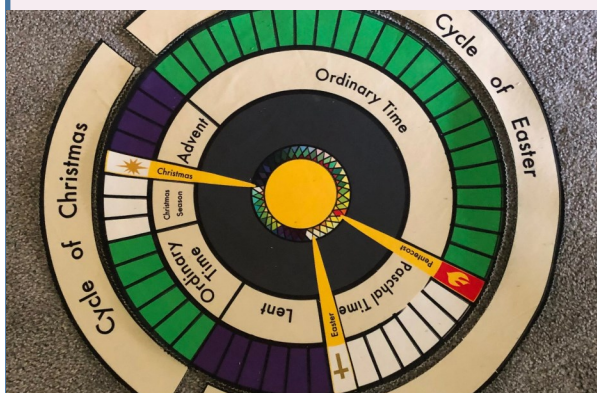
Chrism Mass (Tuesday 26th): 5:30pm Tulsa Cathedral.

Holy Thursday: Mass of the Lord's Supper — 5:30pm; Adoration—from 7pm to midnight.

Good Friday: Stations of the Cross — 3:00pm; Celebration of the Passion of the Lord — 5:30pm.

Holy Saturday: Easter Vigil & Mass begins at 8:30pm.

IMPORTANT LITURGICAL DATES IN 2024



Note these important liturgical dates of 2024.

St. Joseph, husband of Mary — March 19

Palm Sunday — March 24

Easter Sunday — March 31

Annunciation of the Lord — April 8 (transferred from March 25)

Immaculate Conception — December 9 (transferred from December 8)

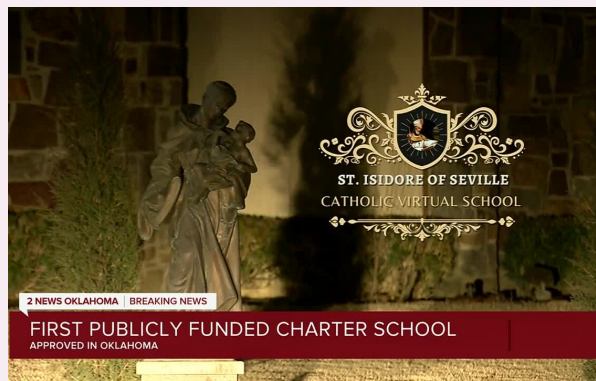
RETRouvaille: STRENGTHENING CATHOLIC MARRIAGES



Retrouvaille, a Catholic peer ministry to heal marriages, no matter the size of the problems, will offer a program beginning March 15-17. Call 405-443-3541, email 2034@retrouvaille.org or visit the website www.helpourmarriage.org for more information. The program focuses on the following:

- Helping couples restore their marriage and rebuild a loving relationship.
- Christian & Catholic in origin, for couples of all faiths or no faith at all.
- Improve communication, strengthen love, and help couples reconnect.
- Presenters are not trained marriage counselors; but rather couples sharing their personal stories of marital struggles and the tools they used to rediscover their love.

ST. ISIDORE CATHOLIC VIRTUAL SCHOOL



St. Isidore of Seville Catholic Virtual School is a newly approved virtual charter school in the state of Oklahoma. The school is a collaborative effort between the Archdiocese of Oklahoma City and the Diocese of Tulsa to serve students in Oklahoma, especially in the rural areas where parents are unable to send their children to Catholic Schools. The primary goal of St. Isidore of Catholic Virtual School is to assist all parents in providing Catholic education to their children.

MARIAN MEDICAL CLINIC



The Marian Medical Clinic at Saint Francis is now seeing patients! This clinic is focused on restorative fertility care in line with Catholic teaching; women and couples struggling with metabolic issues, hormone ailments and subfertility across the menstrual lifespan are encouraged to seek treatment. Natural Family Planning education is available. Located in the Bishop's Building at Saint Francis South in Broken Arrow. Email audrey.stubblefield@dioceseoftulsa.org for questions. To schedule an appointment, please call 918-307-5440.



THURSDAY FAITH ENRICHMENT MEETINGS

Our Thursday Faith Enrichment meeting and Lenten Retreat with Dr. Scott Hahn and Dr. John Bergsma will be on hold for the next two weeks when Fr. Jo travels for the episcopal ordination of one his relatives. We will make up for the lost time after Easter. Everyone is encouraged to continue with the daily reading of the Book of Exodus.



NATIONAL EUCHARISTIC CONGRESS, 2024

The National Eucharistic Congress taking place in Indianapolis, from July 17–21, 2024 will be a transformative moment for the Church in the USA. It will be the high point of the Eucharistic Revival. You can be part of this historic event, as Catholics from around the country gather for this weeklong grace-filled event. If you're interested in attending, call the office or talk to our parish point person, Kelly Drusen, for details.