

## LENT AND EASTER LINKS AND RESOURCES

- **Read articles on The Feast of our Lord...St. Blaise...St. Agatha...Sunday reading reflections, etc.**

<https://www.catholicculture.org/culture/liturgicalyear/overviews/months/02.cfm>

- **Transform Your Prayer Life with Prayer Box Dividers**

<https://www.catholicicing.com/transform-your-prayer-life-with-prayer-box-dividers/>

- **Catholic Icing has a ton a great family ideas for Lent...**

<https://www.catholicicing.com/ash-wednesday-for-kids/>

- **So does Catholic Sprout...**

<https://catholicsprouts.com/>

- **How to do Lent: based on the ages of your kids**

<https://blog.holyheroes.com/lent-resources/>

- **Sign up for Dynamic Catholics, “Best Lent Ever” – Daily Reflections**

<https://www.dynamiccatholic.com/lent/best-lent-ever.html>

## GREAT APPS FOR PHONES

- **Pray As You Go**

Pray as You Go is an app that downloads daily audio reflections on one of the readings from that day's Mass. The audio normally lasts around 10 minutes and comprises a piece of music followed by that day's reading, which is read twice and interspersed with prayerful reflections on the scripture.

- **Hallow**

Some of the amazing content on Hallow includes Daily Gospel reflections, Minute Meditations, the Daily Rosary, Litanies, Divine Mercy, a Daily Examen, and Praylists on important topics such as Discernment, Calm, and Love. Hallow even features some of your favorite Catholic speakers with Guest Sessions and Sleep Stories. Fall asleep to Jonathan Roumie reading from the Sermon on the Mount or Father Mike Schmitz reading The Gospel of John.

- **3-Minute Retreat**

The 3-Minute Retreat is a peaceful prayer experience that helps you re-connect with God, re-center your day, and relax, wherever you are.