



Alpha is a big part of how we will respond to Christ's call to **Come Follow Me** this Lent at St. Matt's. We encourage you to Join the Adventure and be part of things!

Alpha is a series of sessions exploring the basics of the Christian faith. Typically run over eleven weeks, each session looks at a different question that people can have about faith and is designed to create conversation. It's just an open, informal and honest space to explore and discuss life's big questions together.

Evening sessions will be held Mondays beginning February 5 from 6:30 pm to no later than 8:30 pm in the Gathering Space - OR - afternoon sessions from 1:15 till 2:45 on Thursdays beginning February 8. Choose which time works best in your life schedule. Evening meetings include a light supper; afternoon meetings begin with snacks.

Each session takes a look at a question people have about faith and following Jesus. Some of the topics include: Is there more to life than this? Who is Jesus? Why did Jesus die? How can I have faith? Why and how do I pray? Why and how should I read the bible? Who is the Holy Spirit? Does God heal today? How does God guide us? How do I make the most of the rest of my life?

Come and break bread with others, listen to a talk, and then discuss it with others in your small group. There is also a weekend retreat day mid-way through **Alpha**. (Saturday, March 24)

The course is absolutely free. Please sign up so we know to expect you. We want to be sure to have enough food and seating for everyone. Complete the information below for each participant and return it to the Parish Office by February 2, 2018. You can also register over the phone by calling the Parish Office 920-435-6811

Yes – I'd like to *Come Follow Me* @ Alpha this Lent!

Name(s): _____

Email: _____

Phone: _____

Home Parish: _____

Age: _____

Choose one session: Monday Evenings Thursday Afternoons

Complete and return to the Parish Office by February 2. Questions? Contact Mike Westenberg 920-435-6811
mwestenberg@stmattsgb.org or visit stmattsgb.org