



Blessed Trinity

Catholic Church

September 1st, 2019

WEEKEND MAGAZINE

22nd Sun. in Ord. Time



2 Studies: Music Heals and Prevents Disease

Looks like the beginning of choir season started just in time

By: Elizabeth Scalia, edited by Kelly E. Gallagher

How timely is the beginning of Blessed Trinity's choir season? Timely enough to seem like the perfect response to recently-published research on the power of art, as in this recent study out of Switzerland which found that music impacts healing and recovery:

Music isn't just good for the soul, it's also good for helping the body heal after surgery, a research review suggests.

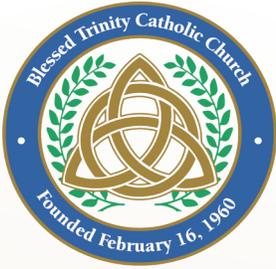
Surgery patients who listen to music may have lower levels of pain and anxiety as well as lower blood pressure and heart rate than people who don't, according to the analysis.

The benefits of music were bigger when patients get to pick their own playlists.

To assess the impact of music on surgical outcomes, Vetter and colleagues analyzed data from 47 studies, including 26 that looked at the effect of music before procedures, 25 looking at music in the operating room, and 25 looking at music during recovery.

Overall, music was linked to about 31 percent less pain, 29 percent lower odds of using pain medication, and 34 percent less anxiety.

Article cont'd inside



PASTOR

Rev. Wayne C. Genereux

DEACONS

Deacon Bill Lovelace
Deacon John Schaefer

PASTOR EMERITUS

Msgr. Anton Dechering
Retired

CLERGY ASSISTANCE

Fr. Jack McDowell, OFM
Fr. Tom Kirchhoefer,
VA Chaplain
Fr. Victor Bartolotta

MASS SCHEDULE

Saturday: 4:00 PM Vigil
Sunday: 8:00, 9:30, 11:30 am

HOLY DAYS

8, 9:30 am & 7 pm
Weekdays: 8:00 am
Saturday: 8:00 am

RECONCILIATION

Saturdays
3:00 -3:45 pm
or by Appointment

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That's not all! A study in California found persuasive evidence that exposure to art can both heal a body and prevent disease:

The healing power of art and nature could be real after scientists discovered they boost your immune system.

Seeing such spine-tingling wonders as the Grand Canyon and Sistine Chapel or listening to Schubert's Ave Maria can fight off disease, say scientists. Great nature and art boost the immune system by lowering levels of chemicals that cause inflammation that can trigger diabetes, heart attacks and other illnesses.

In two separate experiments on more than 200 young adults reported on a given day the extent to which they had experienced such positive emotions as amusement, awe, compassion, contentment, joy, love and pride.

Samples of gum and cheek tissue – known as oral mucosal transudate – taken that same day showed those who experienced more of these – in particular wonder and amazement – had the lowest levels of the cytokine Interleukin 6 which is a marker of inflammation.

Psychologist Dr Dacher Keltner, of California University in Berkeley, said: "That awe, wonder and beauty promote healthier levels of cytokines suggests the things we do to experience these emotions – a walk in nature, losing oneself in music, beholding art – has a direct influence upon health and life expectancy."

Saint Augustine famously said that "who sings prays twice."

Dostoevsky wrote, Beauty will save the world. The psalmist wrote, "Let the rivers clap their hands, let the mountains sing together for joy."

In scripture we read in 1 Samuel 16:23 that whenever an ill-mood descended upon Saul, "David would take the harp and play, and Saul would be relieved and feel better, for the evil spirit would leave him."

In 2 Chronicles 20:21-22, we even read that singing can even help to bring about victory.

What better way to get started on a new journey in life than to introduce more music into your life?

Inspired by the Above Article? Join Our Choir!

Dear parishioners - I would like to extend my thanks to you, the congregation of Blessed Trinity for your active participation in the music of the Mass. The music ministry at Blessed Trinity is seeking any and all musicians to help aid the liturgy, from singers to guitar players. I want to personally invite anyone who would want to be a part of the music for the 9:30 choir or 11:30 contemporary group. We have exciting things happening at Blessed Trinity. I encourage you to be a part of the music. As Music Director, I say to you all, my door is always open. Please feel free to see me after any of the Masses or join our rehearsals at 6:30 p.m. on Wednesday evenings. Thank you and God Bless!



Your Blessed Trinity Music Director is:
Vincent Sclafani
vinsclafani@gmail.com



THOUGHTS WORTH SHARING

By Rev. Wayne C. Genereux, Pastor

Labor Day Weekend

Years ago, when Labor Day was celebrated we knew that school would begin the next day. Today, in many parts of the United States, everyone with some exceptions have already returned to school. Vacations are over for the most part, people are slowly coming back to Church, and some seasonal residents are very slowly beginning to come back. Faith Formation will begin soon at our Church on September 15th.

More importantly, it is a day set aside for remembering the labor of our fellow citizens. When you seriously begin to think about it, we have been so blessed in the United States by the labor that helped to build the country we call America. We are a culture made up of many skilled workers in many fields who came from all over world. Yes, in just over 200 years we have accomplished more than any nation in the world, and helped save the world from total destruction during War II.

In the final sentences of his encyclical on Human Work, Pope John Paul II wrote: "Let the Christian who listens to the living word of God, uniting work with prayer, know the place work has; not only earthly progress, but also in the development of the kingdom of God, to which we are called through the power of the Holy Spirit and through the word of the gospel."

There are two important ideas in the pope's teaching on work. "First, he elevates work united with prayer to a key place in both the temporal world and the kingdom of God. Work is not mere toil. It is not the punishment of Adam and Eve's sin, but rather an essential element in salvation. Work contributes not only to material well-being but also to the holy kingdom of God.

Second, since we are all called to work in the process of building the kingdom, then work cannot be limited merely to paid employment. All activity which helps build the kingdom is work: on the job, with the family, and in the community. And the value of all work is to be judged not by its monetary remuneration but by its contribution to building the kingdom."

Excerpts take from Confident and Competent- A Challenge for the Lay Church. Authors William L. Dorel and Gregory F. Augustine Pierce, 1987, ACTA Publications, Chicago, Illinois



"Thoughts Worth Sharing" is written by:
Fr. Wayne C. Genereux, Pastor
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pastor@btsp.org



ARE YOU NEW?

What to Expect at BT

Welcoming

Our parishioners love meeting new people and sharing their lives with others. You'll also be greeted by some of the **most welcoming people you've ever met at a Church** - and we're not just talking about the Hospitality team.

Family Focused

If you have children, they are ALWAYS welcome to celebrate Mass with the community! Our **Family Faith Formation** program invites the whole family to participate in learning about the faith.

Dynamic Worship

Throughout the Mass, you'll be encouraged and invigorated by the community's full, conscious, and active participation in the Liturgy. **Our Community loves to SING!** From traditional hymns to contemporary worship music, the word of God is proclaimed in a dynamic fashion. The homilies are geared towards challenging our parishioners to become better Christians.

A Church Unlike Any Other

There's so much more to talk about! Our Parish is a wonderful, dynamic community and we welcome you to celebrate liturgy with us this weekend!

It doesn't matter if this is your first time, 50th time, or first time in 50 years - know that you always have a place to worship, and a community to belong to at Blessed Trinity Catholic Church.

To learn more, visit
WWW.BTSP.ORG

You're Invited!

MORNING STAR SCHOOL



The Morning Star family extends a warm invitation to your church family.

Please Join Us

Morning Star School's 50th Anniversary

Mass & Breakfast

Bishop Gregory Parkes will officiate Morning Star Catholic School's 50th Anniversary Mass at Sacred Heart Catholic Church.

September 18, 2019 at 8:15 am
Sacred Heart Catholic Church
Pinellas Park

Breakfast immediately following in OTHERS Hall on the Morning Star Campus at 4661 80th Avenue North, Pinellas Park.

Please RSVP to
elizabeth.walley@morningstarschool.org
by September 1, 2019. Seating is limited.

Attention Married Couples!

Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. Take some private time with your spouse to experience an exciting and refreshing opportunity to strengthen your relationship by learning new communication skills that can deepen your relationship and help you address any problem life may bring. The next Worldwide Marriage Encounter weekend in this area is Sept. 20-22 at the Hampton Inn in Oldsmar. Space IS limited, so please apply early! For more information about taking a private time away, check out flwc-wwme.org or call 813-270-7832.

Pop Quiz - What is Happening October 19th and 26th?

The 40 Days for Life Campaign begins September 25th and continues through November 3rd. Blessed

Trinity's sponsored days for the Campaign are October 19th and October 26th. Stay tuned for the next bulletin for details! If you have any questions, please feel free to contact us. Until then, please continue to use the prayer to Our Lady of Guadalupe on the back page of the bulletin.



Your 40 Days for Life contact:
Rich & Linda Maloney
727-258-7406
Rmaloney67@gmail.com

**MASS****22nd Sunday in Ordinary Time****Sat., Aug. 31**

8:00 a.m. Aimée Holley (liv)
4:00 p.m. Karl Aselage (dec)

Sun., Sep. 1 - 22nd Sunday in Ordinary Time

8:00 a.m. Nance Young (dec)
9:30 a.m. Blessed Trinity Parishioners
11:30 a.m. Holley & Ezarewicz Families (liv & dec)

Mon., Sep. 2

8:00 a.m. Mary Lou Deuel (dec)

Tues., Sep. 3 - Memorial of Saint Gregory the Great, Pope and Doctor of the church

8:00 a.m. Jerry Holley (liv)

Wed., Sep. 4

8:00 a.m. Vocations

Thurs., Sep. 5

8:00 a.m. Matthew Boyle (dec)

Fri., Sep. 6

8:00 a.m. Bertha & Sid Holley (dec)

Sat., Sep. 7

8:00 a.m. Joyce Schafer (liv)
4:00 p.m. Louis & Steve Forteau (liv)

Sun., Sep. 8 - 23rd Sunday in Ordinary Time

8:00 a.m. Doris Bucciero (dec)
9:30 a.m. Blessed Trinity Parishioners
11:30 a.m. Roger Gallagher (liv)

SACRAMENTS**Are You Looking to Receive One of the Seven Sacraments With Us?****Matrimony**

Congratulations on your engagement! Every Diocese in Florida requires at least six months preparation before marriage. Please call our Pastor, Fr. Wayne Genereux, at the Parish Office for an appointment before setting a date.

Baptism

We are honored that you would like to choose Blessed Trinity Catholic Church for the Baptism of your child! We ask that you please call our Pastor, Fr. Wayne Genereux, at the Parish Office for information regarding the Pre-Baptism Class before scheduling a Baptism.

Office Hours

Mon. - Fri. 9 am - 4 pm
Closed for Lunch Noon to 1 pm

Money Matters

Interesting Look at Giving Personalities

Just as our spiritual journey with God is unique from one another, so is the way we show our generosity. These are the 6 basic kinds of givers and trust that over time, you'll discover even more types of giving personalities within the parish.

Mindful Givers

About 15% of parishioners identify as mindful givers. While they enjoy the act of giving, they do carefully consider their current income and the cause behind the gift. To successfully reach them, make sure you define a clear purpose of giving because they want to give, but they also want to ensure the gift is going to a cause that spiritually connects with them.

Recurring Givers

Approximately 12% of people are recurring givers, and they donate 42% more per year than one-time givers. They are loyal to the parish and focused on convenience, so they can enjoy taking part in each service and event without having to think about money.

Occasional Givers

Roughly 20% of people identify as an occasional giver. The occasional giver tends to donate to the parish out of obligation and isn't going to seek out an opportunity to give.

Venture Givers

About 5% of donors are considered venture givers. They are looking for a worthy cause to support while keeping personal and/or business financial benefits in mind. Many venture givers donate one substantial gift at the end of the year ..

Hesitant Givers

The hesitant giver often makes up around 45% of givers, and they are the hardest to inspire. They get slightly annoyed and sometimes offended when asked for a donation. There are different reasons why this group is the most difficult to reach, such as not having mentors in their lives that taught them the importance of giving or not being comfortable talking with others about money.

Devoted Givers

Devoted givers are the most dedicated givers, and rarely must be asked to donate. Only about 5% of people identify with this group, and they take a very different perspective from the other giving personalities. They already have a clear purpose in giving back to God what He has given them, and they take great joy in the act.

ParishSOFT Giving supplied this article.

ParishSOFT is the company that the entire Diocese is using for accounting and for the parish census. The online giving program that we use is managed by ParishSOFT as well.



"Money Matters" is written by:
Eileen Plasse, Parish Manager
727-867-3663
ETP@btsp.org



Donations 08/25/2019

Offertory Collection	\$4,779
Building Fund	\$72
Gift shop	<u>\$107</u>
TOTAL:	\$4,958
St. Vincent de Paul	\$950

**Want to try Online Giving?
Go to our website at btsp.org and
click the online giving button.**



**Thank You for Your
Continued Generosity!**

Is God Calling You to a Deeper Prayer Life?

Blessed Trinity Scripture Classes will resume on September 10th, Tuesday mornings from 9:30 a.m. - 11:00 a.m. in the Faith Formation Room. Our study will begin with "Peacemaking and Non-Violence." We will start with the Introduction followed by 5 weeks of lessons. Books are \$12. For further information call Barbara Townsend at (727) 867-3605

This Week at Blessed Trinity

Sun.	9/1	7:00 p.m.	Men's AA	Room 4
Mon.	9/2	Labor Day - Office Closed		
Tues.	9/3	7:00 p.m.	K of C Meeting	Small Hall
Thurs.	9/5	5:00 p.m.	SVDP Meeting	Room 4
Sat.	9/7	7:00 p.m.	Women's AA	Room 4
Ongoing Saturdays	9:00 - 11:00 a.m.	Prayer to End Abortion All Women's Health Care 4131 Central Ave, St. Petersburg, 33713		

Healing for Our Suffering Church



Please join us for Adoration of the Blessed Sacrament. Every first Friday of the month for the near future, after the 8:00 a.m. Mass we will have Eucharistic exposition, homily, meditation, and benediction at 10:00 a.m. You might want to pray for healing and for the victims of the scandal. Invest one hour with God, one on one.

Our next Adoration will be on Friday, September 6th.

Love your friends and family



Each & every day...

...as if it's your last opportunity to do so

Did you move? Change your phone number? Please let us know!

Blessed Trinity Catholic Church

1600 54th Ave. S., St. Petersburg, FL 33712
727-867-3663

HELP US KEEP OUR RECORDS UP TO DATE

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

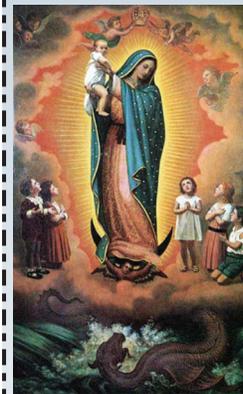
Phone: _____ Cell: _____

Email: _____

Please mail or drop completed card in collection basket

Prayer to Our Lady of Guadalupe

Please use this prayer card to pray on behalf of the unborn children. Feel free to cut it out of the bulletin and post it on your refrigerator, bathroom mirror, or anywhere that will help you remember to say a prayer for the most innocent lives.



Virgin of Guadalupe, patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life.

Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son.

Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens.

Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public life, to speak for those who have no voice.

We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself.
Amen.

Adkins, Chantale
Albertson, Michelle
Antczak, Harriet
Arasa, Nancy
Arnold, Barbara
Attard, Stephanie
Banks, Cathy
Barry, Marian
Beekman, Connie
Bennett, Elizabeth
Blondheim, Carmen
Bogensberger, Rosemary
Brown, Bob & Beverly
Brown, Dorothy
Brown, Buck
Brown, Shaquita
Browning, Rea
Buckwald, Diane
Carfora, Palma
Carr, Elaine
Cavaliere, Lois
Ceci, Shirley
Chavez, John
Chris, David
Christ, Kathryn
Cline, Wayne
Congiu, Rita
Dawson, Anthony Peter
Deacon Lionel Roberts

DeLucca, Rosemary
Detore, Alice
Devyn & Donna
Drougelis, Nijole
Favero, Beverly
Fazio, Mary
Feehan, Joe
Feldes, Chuck & Lauren
Fererio, Antoinette
Fiedler, Meghan
Forbes, Monica & Tom
Forbes, Rahim
Forbes, Tina May
Fr. Jim Klima
Fraser, Sue Chapman
Freda, Eileen
Garcia, Jose M.
Genereux, Carol
Graeme, Mary
Griffin, Lynda Butler
Grimberg, Carol
Hamilton, Tom
Hawkins, Ashlyn
Hawkins, Barbara
Hepp, Loren
Heylan, Edward H.
Hildebrand, Bud
Horne, Francesca
Huff, Walt & Carole

Iannello, Guy
Iglesias, Olivia
Infant Ursa
Irvin, Victoria
Kantowicz, Jan
Keithly, Claire
Kincaid, Kevin &
Tammie
King, Ada
Kleinberger, Donovan
Kline, Irene
Krieger, Mary
Kwesell, Eugene
Lanigan, John
Lashley, Diana
Lawrence, Sandy
Leath, Bill
Lee, Donald
LeVan, George
Lindsay, Jane
Lucas, Laura
Lyons, Laura
Mack, Jackson
Maharne, Cecile
Mahoney, Colleen
Maitland, Steve
Mark, Jacqueline
Marois, Mary
McGarry, Jean

McManus, Elly
Membreno, Mary & Gus
Merchant, Geraldine
Merchant, Rhoda
Mesick, Phil & Nancy
Mitchell, Stella
Monahan, Sheila
Morton, Donna Abby
Murdock, Cheryl & Evan
Neumann, Janet
Nichols, Robert
Noguez, Armida
Nuñez, Marleny
Pezzulo, Irene
Pope, Stoney
Post, Michael
Privitera, Sandy
Ramsey, Gerald
Ray, Terry
Reardon, Kevin
Reardon, Kara
Reed, Edward, Jr.
Rivera, Joel
Reyes, Nila
Robinson, Agnes
Romani, Angelo &
Marlene
Rosa, Joe & Nina
Sanders, Kimberly

Sanders, Marilyn
Sclafani, Francesco
Sharp, Jennett
Shelby, Ron & Montez
Sheridan, Samantha
Simpson, Rose
Smith, Anita
St. Pierre, Rick
Stankiewicz, Cy
Storey, Barbara
Thompson, Bill
Thompson, Sue
Thore, Isabelle
Tillema, Karen
Timm, Carol & Linda
Watson, Doug & Claire
Whalen, Dorothy
Wohlman, Fred
Wood, Jena
Zmuda, Ed

