



# THE SORROWFUL MYSTERIES OF THE SCRIPTURAL ROSARY



## THE FIRST SORROWFUL MYSTERY – THE AGONY IN THE GARDEN

*Our Father...*

1. Then Jesus went with them to a place called Gethsemane. / And he began to be sorrowful and troubled. (Mt 26:36-37) *Hail Mary...*
2. Then he said to them, / "My soul is very sorrowful, even to death; / remain here, and watch with me." (Mt 26:38) *Hail Mary...*
3. And he withdrew from them / about a stone's throw, / and knelt down and prayed. (Lk 22:41) *Hail Mary...*
4. "Father, if you are willing, / remove this chalice from me; / nevertheless not my will, but yours, be done." (Lk 22:42) *Hail Mary...*
5. And there appeared to him an angel from Heaven, / strengthening him. (Lk 22:43) *Hail Mary...*
6. And being in agony / he prayed more earnestly. (Lk 22:44) *Hail Mary...*
7. And his sweat became like great drops of blood / falling down upon the ground. (Lk 22:44) *Hail Mary...*
8. And he came back to his disciples and found them sleeping; / and he said to Peter, / "So, could you not watch with me one hour?" (Mt 26:40) *Hail Mary...*
9. "Watch and pray / that you may not enter into temptation." (Mt 26:41) *Hail Mary...*
10. "The spirit indeed is willing, / but the flesh is weak." (Mt 26:41) *Hail Mary...*

*Glory be to the Father...*

Fatima Prayer: *Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.*

## THE SECOND SORROWFUL MYSTERY – THE SCOURGING AT THE PILLAR

*Our Father...*

1. And as soon as it was morning / the chief priests, with the elders and scribes, / and the whole council held a consultation; / and they bound Jesus and led him away / and delivered him to Pilate. / And Pilate asked him, / "Are you the king of the Jews?" (Mk 15:1-2) *Hail Mary...*
2. Jesus answered, / "My kingdom is not of this world; / if my kingship were of this world, / my servants would fight, / that I might not be handed over to the Jews; / but my kingship is not from the world." (Jn 18:36) *Hail Mary...*
3. Pilate said to him, / "So you are a king?" / Jesus answered, / "You say that I am a king. / For this I was born, / and for this I have come into the world, / to bear witness to the truth. / Every one who is of the truth hears my voice." (Jn 18:37) *Hail Mary...*
4. Pilate said to him, / "What is truth?" After he had said this, / he went out to the Jews again and told them, / "I find no crime in him." (Jn 18:38) *Hail Mary...*
5. "I will therefore chastise him and release him." / Then Pilate took Jesus and scourged him. (Lk 23:16, Jn 19:1) *Hail Mary...*
6. He was despised and rejected by men; / a man of sorrows, / and acquainted with grief; / and as one from whom men hide their faces / he was despised, / and we esteemed him not. (Is 53:3) *Hail Mary...*
7. He was oppressed, / and he was afflicted, / yet he opened not his mouth; / like a lamb that is led to the slaughter, / and like a sheep that before its shearers is silent, / so he opened not his mouth. (Is 53:7) *Hail Mary...*
8. But he was wounded for our transgressions, / he was bruised for our iniquities. (Is 53:5) *Hail Mary...*

9. Surely he has borne our griefs / and carried our sorrows Yet we esteemed him stricken, / struck down by God, and afflicted. (Is 53:4) *Hail Mary...*
10. Upon him was the chastisement that made us whole, / and with his stripes we are healed. (Is 53:5) *Hail Mary...*

*Glory be to the Father...*

Fatima Prayer: *Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.*

### THE THIRD SORROWFUL MYSTERY – THE CROWNING WITH THORNS

*Our Father...*

1. And the soldiers led him away [to the Praetorium]. / And they stripped him and put a scarlet robe upon him. (Mk 15:16-17, Mt 27:28) *Hail Mary...*
2. And plaiting a crown of thorns / they put it on his head, / and put a reed in his right hand. (Mt 27:29) *Hail Mary...*
3. And kneeling before him they mocked him, saying, / "Hail, king of the Jews!" (Mt 27:29) *Hail Mary...*
4. And they spat upon him / and took the reed and struck him on the head. (Mt 27:30) *Hail Mary...*
5. [Then Pilate] took water / and washed his hands before the crowd, saying, / "I am innocent of this righteous man's blood; / see to it yourselves." (Mt 27:24) *Hail Mary...*
6. So Jesus came out, / wearing the crown of thorns and the purple robe. (Jn 19:5) *Hail Mary...*
7. [Pilate] said to the Jews, / "Here is your King!" / They cried out, / "Away with him, away with him, / Crucify him!" (Jn 19:15) *Hail Mary...*
8. And Pilate said to them, / "Why, what evil has he done?" / But they shouted all the more, / "Crucify him." (Mk 15:14) *Hail Mary...*
9. "Shall I crucify your king?" / The chief priests answered, "We have no king but Caesar." (Jn 19:15) *Hail Mary...*
10. So Pilate, wishing to satisfy the crowd, / released for them Barabbas; / and having scourged Jesus, / he delivered him to be crucified. (Mk 15:15) *Hail Mary...*

*Glory be to the Father...*

Fatima Prayer: *Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.*

### THE FOURTH SORROWFUL MYSTERY – THE CARRYING OF THE CROSS

*Our Father...*

1. "If any man would come after me, / let him deny himself." (Lk 9:23) *Hail Mary...*
2. "And take up his cross daily / and follow me." (Lk 9:23) *Hail Mary...*
3. So they took Jesus, / and he went out, / carrying his own cross. (Jn 19:17) *Hail Mary...*
4. And as the led him away, they seized one Simon of Cyrene, / who was coming in from the country, / and laid on him the cross, / to carry it behind Jesus. (Lk 23:26) *Hail Mary...*
5. "Take my yoke upon you, / and learn from me." (Mt 11:29) *Hail Mary...*
6. "For I am gentle/ and lowly in heart." (Mt 11:29) *Hail Mary...*
7. "And you will find rest for your souls. / For my yoke is easy, / and my burden light." (Mt 11:29-30) *Hail Mary...*
8. And there followed him a great multitude of the people, / and of women who bewailed and lamented him. (Lk 23:27) *Hail Mary...*
9. But Jesus turning to them said, / "Daughters of Jerusalem, / do not weep for me, / but weep for yourselves and for your children." (Lk 23:28) *Hail Mary...*
10. "For if they do this when the wood is green, / what will happen when it is dry?" (Lk 23:31) *Hail Mary...*

*Glory be to the Father...*

Fatima Prayer: *Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.*

## THE FIFTH SORROWFUL MYSTERY – THE CRUCIFIXION OF OUR LORD

*Our Father...*

1. And when they came to the place which is called The Skull, / there they crucified him. (Lk 23:33) *Hail Mary...*
2. And Jesus said, / "Father, forgive them;/ for they know not what they do." (Lk 23:34) *Hail Mary...*
3. One of the criminals who were crucified with him said, "Jesus, remember me/ when you come in your kingly power." (Lk 23:39, 42; Mk 15:32) *Hail Mary...*
4. "Truly, I say to you, / today you will be with me in paradise." (Lk 23:43) *Hail Mary...*
5. But standing by the cross of Jesus were his mother . . . / and the disciple whom he loved. (Jn 19:25-26) *Hail Mary...*
6. [Jesus] said to his mother, "Woman, behold, your son." / Then he said to the disciple, / "Behold, your mother." (Jn 19:26-27) *Hail Mary...*
7. And from that hour / the disciple took her to his own home. (Jn 19:27) *Hail Mary...*
8. And there was darkness over the whole land. / And behold, the curtain of the temple was torn in two / from top to bottom, / and the earth shook. (Lk 23:44; Mt 27:51) *Hail Mary...*
9. Then Jesus, crying with a loud voice, said / "Father, into your hands I commit my spirit!" (Lk 23:46) *Hail Mary...*
10. And he bowed his head / and gave up his spirit. (Jn 19:30) *Hail Mary...*

*Glory be to the Father...*

Fatima Prayer: *Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.*

### *Hail Holy Queen*

*Hail Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!*

V- Pray for us, O holy Mother of God.

R- *That we may be made worthy of the promises of Christ.*

Let us pray:

*O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that by meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

*Pour forth we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ Our Lord. Amen.*

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Ghost. Amen.