

Economic Resources

Benefits and Resources are Available to Help

- ✓ If you **lost your job, your hours were reduced, or you cannot work for reasons related to the COVID-19 crisis**, [resources are available](#).
- ✓ If you own your home and **COVID-19 has impacted your ability to pay your mortgage, you should contact your mortgage lender immediately**. You may be eligible for financial assistance. Some [financial institutions](#) are offering reduced or delayed mortgage payments for up to 90 days after the Governor lifts the state of emergency and are [delaying new foreclosures](#).
- ✓ If you rent your home and **COVID-19 has impacted your ability to pay all or part of your rent, explain your financial situation to your landlord** and pay as much of your rent as you can. California issued an emergency rule to [protect renters from eviction](#).
- ✓ **Individuals and families experiencing homelessness** can contact their local [Continuum of Care](#) and, in many communities, can also **call 211 for assistance**.
- ✓ If you need **help getting food**, [resources](#) are available. [Local food banks](#) are open and operating across California. You may also qualify for [CalFresh](#) (sometimes called SNAP or food stamps) or assistance from the [Women, Infants & Children \(WIC\)](#) program.
 - * Visit the [e-benefits California website](#) or [contact your local social services agency](#) to learn more about programs available in your county of residence.
- ✓ If you have a **student loan and are struggling to make payments** due to the COVID-19 crisis, you may be [eligible for financial relief](#).



For more information,
visit covid19.ca.gov