



# THE ROMAN CATHOLIC DIOCESE OF SAN DIEGO

## Internet Safety Tips and Social Media Rules for Students

- TIP 1.** Do not put any personal or identifiable information on Instagram, Snapchat, or any other social media channel (name, school name, home address, current location).
- TIP 2.** Do not share your passwords with friends or with people you meet online.
- TIP 3.** Do not tag friends in a photo without their permission. Remember that photos stay online forever. If you do not want everyone to see, do not post.
- TIP 4.** If someone you do not know asks to follow you or sends you a friend request, be careful! Do not chat with them and do not assume you can trust them.
- TIP 5.** If someone is making you feel bad or bullying you on social media, talk to an adult right away.
- TIP 6.** Be courteous respectful and kind when addressing your classmates and instructors.
- TIP 7.** When writing comments or sending messages, ask yourself “if my parent, pastor or principal read this, would I feel embarrassed by what I have written?” If the answer is “yes”, then do not send the message.
- TIP 8.** Be careful what you post online. Just because you deleted it does not mean it is deleted forever and untraceable.